Haverhill

WEEKLY NEWS

Thursday, April 10, 2014

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Meet The Nipplettes...

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Leap Centre move is 'a blow to town

A DROP-in facility for education, training and skills courses is moving out of the town centre and onto an industrial estate.

The Leap Centre, run by West Suffolk College,

The Leap Centre, run by West Suffolk College, is currently housed in Haverhill High Street.
But at the end of the month it will relocate to the MENTA Business Centre, in Hollands Road

Road.

The move, which is due to the lease ending on the current premises, has been branded a blow by Sarah Howard, chairman of ONE Haverhill.

Karen Chapple, ONE Haverhill's youth skills manager, has been working out of the Leap Centre to provide guidance to local young people. She will now be based in Haverhill Arts Centre instead.

Mrs Howard said: "Having Karen smack bang in the middle of the town centre has been a

DEBRA FOX

boon for us. It's had a very positive effect on our project because people have been able to just walk in and speak to her."

A main aspect of Haverhill's community budget was to create more opportunities for young people in the town. So far, a number of apprenticeships have been put on offer through a range of local businesses and plans for a youth hub have been put forward.

It is expected that this will open towards the

It is expected that this will open towards the end of this year in the old police station and magistrates' court in Camps Road. Mrs Howard said: "It's a real shame for the

Mrs Howard said: "It's a real shame for the Leap Centre to have to leave the High Street. Having it in the centre has been fantastic. "You will have to know that Leap is there to access it at the MENTA Centre – I hope it will continue to be successful but what they will lose is the passing trade."

lose is the passing trade."

The relocation of the centre has also been criticised by Rose Hubbuck, who teaches art part time through the college.

Mrs Hubbuck said it is "an insult" to move such a reliable service from the centre of the town.

"That's the only college office we have down in the town," she said.

"People can walk in off the street when they feel capable of asking for help. It's an insult to put it up on an industrial estate. It's in the best part of the town on the High Street – but we are not going to be able to walk in there any more. Who is going to go up there?"

Mary Taylor, head of adult education at West Suffolk College, has said that the service the centre offers will not be affected by the move. She said: "The lease is now up on the building

She said: "The lease is now up on the building and we have just taken the opportunity to relocate

cate.
"We are already running courses up at
MENTA and they work very well.
"We are looking forward to working more

"We are looking forward to working more with MENTA and with the nearby local businesses."

Elaine Simmons, coordinator at the Haverhill centre, will be stationed at the town's job centre every Friday morning to provide additional support, Mrs Taylor added.

The Leap Centre will move on April 28. Visit leap.ac.uk for more information or email haverhill@westsuffolk.ac.uk.

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This definition of domestic violence recognises that on top of physical abuse, psychological and emotional abuse will also be regarded as domestic violence, as will financial abuse, for example bullying a partner by controlling their finances

If you are a victim of domestic violence, Legal Aid may be available to you to deal with a range of family problems.

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CALENDAR GIRLS: Susannah Johns, far right, and The Nipplettes pictured with David Doughty, centre.

Why the Nipplettes are doing their bit

A MUM-of-two's decision not to let breast cancer beat her has led to almost £4,000 being raised for charity. Susannah Johns, 46, was diagnosed

with breast cancer in March last year.
After two operations and bouts of

both chemotherapy and radiotherapy, Susannah decided it was time to do her bit for others fighting the disease too.

During her treatment, the 46-year-old relied on the support of her family and friends. Together, they formed The Nipplettes – a group of 16 women rais-ing money for Walk the Walk.

So far, they have raised £3,752. Their target is £5,000.

Susannah said: "You just don't think that so many people will just keep giving – everyone is finding it hard with money, but people keep giving all the

When diagnosed, Susannah has admitted that she thought she was going to die. After months of shock and upset, Susannah decided to seize the good days between treatments and get on with her life as best she could.

A main coping mechanism for the mum and grandma was writing a blog about how she felt on the worst days of her illness.

"I just wrote down every day how I

elt," she said. "How I felt about losing my hair, how Trevor [Susannah's husband] felt. I was honest about what I was feeling, and I think people liked that.

"Some of the time I was happy but other times I felt like a weak old



FAMILY SUPPORT: Susannah Johns pictured with daughter Brittany, 16.

As well as collecting sponsorship for the upcoming Moon Walk in London, the women have been holding all sorts of fundraising events including a charity car wash and zumbathon.

Soon, a "Calendar Girls"-style calendar will be available to purchase at Real Bodies Heath and Fitness, starring The Nipplettes and shot by David Doughty,

of The Gallery.
Susannah's most recent mammo-

and she's determined to keep fundraising to help the cause as much as she

Susannah said: "I had so much support from my family and friends – it made me feel a lot better. But they were going through it too."

The Moon Walk is on May 10. The women will walk 26 miles.

To support the effort, visit justgiving. com/nipplettes.

Jury out on trial of former middle school caretaker

A PENSIONER on trial for historic sex offences has said in evidence that the allegations are "entirely

untrue". Robert Bambury, 75, has pleaded not guilty to 17 offences, said to have taken place in the 1970s and 1980s, relating to two voung girls.

He is charged with nine offences of indecent assault against one girl, and four of indecent assault, two of gross indecency with a indecency with a female

aged under 16 and one of rape, against a second girl. The married father-of-

five, who was working as a caretaker at Clare Middle School when some of offences are said to have occurred, told Ipswich Crown Court that the allegations made against him were "entirely untrue".

Bambury admitted that he knew both of the girls and was on good terms with them. The 75-year-old said he did have a seven-year affair with one of the alleged victims - but that

this began when she was 16. One of the victims told the court that the offences were committed both in the school and at his home but Bambury has argued that some of the occasions

told to the court were "impossible" because other people were present. One of the girls also alleged that some of the

offences took place under the guise of playing a game, and that Bambury had briefly touched her in a swimming pool on another occasion.

On arrest, Bambury, now of Wright Close,

Stowmarket, suggested to police that one of the girls may have been suffering from a nervous breakdown when she made her allegations.

The prosecution has said that neither of the alleged victims knew the other had reported incidents to the police.

The jury was sent to consider its verdict on Tuesday and was still deliberating as the Weekly News went to press.



CASH BOOST: ONE Haverhill hands out more than £9k in grants to community groups at the Arts Centre.

Picture by Keith Heppell

Family Party Night

West Suffolk 'becomes more secure with cuts on taxes'

HARD-working residents across West Suffolk will feel the benefit of a new tax cut.

Matthew Hancock, the area's MP, has praised the decision for personal allowance to go up to £10,000.

The most recent cut has helped more than 400 people in West Suffolk be taken out of paying income tax altogether.

In line with the 2014 budget, more residents in the area will become exempt next year. The personal allowance will rise up to £10,500. Mr Hancock said: "This tax

cut is excellent news for hardworking people in West Suffolk. This is the third time this Government has cut income tax, benefitting around 49,054 people here in West Suffolk with 5,378 people now taken out of income tax altogether."

Businesses and employers

in the region are too feeling

the perks of a new allowance. £2,000 is being taken off the National Insurance Bill of every employer – and this is open to charities and amateur sports clubs too.

The change will make it cheaper and easier for firms to hire new employees, Mr Hancock added.

The changes came into

Big cash boost for town groups

HAVERHILL'S history group, running club and tennis club are among those receiving part of a £9,000 grant.

ONE Haverhill has handed out £9,770 to local community

groups working to improve the quality of life for residents.

Other recipients of the grants - the fourth round handed out by ONE Haverhill since 2012 include Haverhill in Bloom Abbeycroft Leisure Wednesdays for V Women (W4W) – a social group which meets at the Leiston meets at the Leiston Community Centre every week.

Clair Harvey, chairman of the ONE Haverhill Grants Panel, said: "All of the grants are aligned to the Haverhill community budget priorities in that they directly provide activities for young people or improve the physical environment of the town.

"Our congratulations to all of them

More than £1,500 was handed out to the town's tennis **DEBRA FOX**

club to enable the start-up of a sports course for young peo-ple. The money is paying for the required equipment, court fees and coaching costs to deliver the sessions.

Robert Jeffs, head coach, has welcomed the money.

He said: "As a result of the grant given by the ONE Haverhill Grant Scheme, Haverhill Tennis Club hope to introduce a new sport to young people, which would give them the opportunity to play socially, get fitter or compete with like-minded people at the tennis club."

W4W is using the £1,850 to set up a toy library for parents and children in the town. The toy library will enable parents to borrow a variety of age appropriate toys for their chil-dren for a small fee to be returned the following week.

Fenella Simmons, group coordinator, said: "Haverhill

does not currently have anything like this in place and this will allow W4W to connect with more families, helping to encourage play develop-ment for all children in the

community."
Some £2,000 was awarded to Haverhill and District Local History Group to pay for the running of the History Room at the Arts Centre, and other facilities for another year while Haverhill in Bloom received £700 for plants to be put in hanging baskets across the town

Haverhill's inaugural halfmarathon and 10k have been given £500. The races will take place on May 11 in aid of St Nicholas Hospice Care, and the grant will assist with running costs.
Suffolk Mind was also

awarded £700 to set up a weekly art group in Haverhill for people with mental health

Visit onehaverhill.co.uk for more information

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Choral concert this weekend at church

MEMBERS of Haverhill Choral Society are preparing for their next performance.

The group will peform Brahms Requiem at Haverhill's Old Independent Church on Saturday from 7.30pm.

The concert will be performed by almost 50 members, and supported by some local musicians including Dannielle Perett on harp.

It is being directed by Jane

Tickets which include refreshments, cost £8. They will be available on the door or in advance by calling 01440 761613.

NEWS IN BRIEF

Hospital is in the running for top national care honour

WEST Suffolk Hospital is one of five finalists in the running for a national award.

The winner in the quality of care category in the Top Hospital Awards 2014 will be announced on May 13.

It is the fourth year running that West Suffolk Hospital has been shortlisted – and the hospital took home the award in 2011

Music awards on offer

APPLICATION forms for music awards are

The Deena Shypitka Music Awards, organised by Haverhill Sinfonia, will take place in September.
There are three awards available for

classical musicians studying on postgraduate music performance courses for the academic year 2014/15.

Applicants can be of any nationality but

must be aged 28 or younger.

There is one award for strings, worth £1,000, and an award each for piano and woodwind or brass, worth £500 each.

For details and application forms visit haverhillsinfonia wordpress com

It's a great place to work

HAVEBURY Housing Partnership has been voted as one of the 100 best companies to work for in a list compiled by The Sunday

The housing provider, which has bases in Haverhill and Bury St Edmunds, was ranked 68. More than 100 employees were asked to the share their views, and the company policies were examined too. In 2013, Havebury was in 73rd position.
For more information visit *havebury.com*.



TOP QUALITY: The team at Place Court celebrating their inspection result.

Seal of approval for care home

A NATIONAL care watchdog has praised a care home team for their "high standard" of care.

Place Court Care Home, in Camps Road, Haverhill, has undergone a recent inspection by the Care Quality Commission (CQC).

After interviewing team members, residents and relatives, the CQC ruled that Place Court meets the five national standards of quality and safety, as set out by the Government.

These include treating people with respect and involving them in their care, and providing the care. treatment and support that meets people's needs.
Becky Abbink, manager, said: "I really appreciate

the team's hard work and dedication here at Place

"They get to know each resident individually and were praised by the inspectors for their knowledge when it comes to meeting each resident's needs.

"I am pleased that this has been recognised and that the inspectors' report meets the Government and the CQC's standards of care.'

Modified car crackdown

TINTED windows, no MoT and low tyre tread were only some of the problems found during a car crackdown.

A total of 17 vehicles were stopped by police officers in Haverhill last week in a bid to target illegally modified cars.

The operation took place between 7pm and 11pm on April 1 in the Aldi car park in Lordscroft Lane.

PCSO Lorna Chapman, from the Haverhill Safer Neighbourhood Team (SNT), said: "Local people

DEBRA FOX

often raise their concerns to us about anti-social behaviour; especially regarding the manner certain vehicles are being used."

Three teams of officers identified suitable vehicles, modified by young and inexperienced drivers, and they were then assessed by a further team at the site.

As well as discovering illegal tinted windows, illegal number plates and faulty lighting on some of the vehicles, one had no MOT and two were searched for cannabis.

A further four vehicles issued with Fixed Penalty Notices for their non-standard exhaust systems, which exceeded the legal sound readings, and three vehicles were prohibited.

PCSO Chapman added: "We held this operation to target those who flout the law, not only as an enforce-ment measure but also to educate

'We would like to thank Aldi who kindly allowed us to use their car park for the evening."
Two vehicle examiners attended

the site alongside the road safety team from Suffolk County Council. The team also brought along a simulator where drivers could experience the day-to-day challenges of the road, and a moped brake horsepower testing device, designed to detect whether mopeds have been de-restricted to go faster than they

Cut Maple Fires & Stoves caters for multi-fuel era

CUT Maple Fires and Stoves are excited by the opportunities presented by moving to their new showroom. They have also been fascinated to see how many people are curious about the building, having remembered it from its beginnings as a Little Chef restaurant.

Cut Maple Fires & Stoves was established in 2008 and has previously been operating from premises just outside

"When we first opened our aim was to provide a quality service at a great price. We also wanted to be able to provide a complete service so we have an in house HETAS registered installer. We feel that this makes the process simpler for the customer but also we are able to provide expert advice from the outset."

ADVERTISING FEATURE

The company also prides itself on its transparent and up-front competitive pricing, and will beat any like-for-like quote without any hidden extras.
Since first opening the com-

oany has seen the industry go from strength to strength as fuel prices have steadily increased and more and more people are looking to alternative and economical heat sources such as woodburning stoves. Whilst they do sell gas and electric fires and stoves. the majority of the trade is in woodburning and multi-fuels stoves.

The new showroom gives a great backdrop against which to present the wide range of stoves on display. Products from a variety of manufactur-



SAYING HELLO: The Buckenhams and their showroom crew

ers are on offer including British and European made

"With both traditional and contemporary stoves on dis-play, we hope that we have something to cater for every home and taste. We are also expanding our range of acces-sories and consumables such as logs and coal."

Among others, the company holds dealerships for Contura, Drugasar (DRU), Dik Geurts, Cleanburn, Esse, Hunter, Dean Forge, Parkray, Dunsley Heat, Mendip, Heta and Keddy.

To celebrate the move to their new showroom Cut Maple Fires & Stoves is offering a discount of £300 on any stove and liner package until the end of

Cut Maple Fires & Stoves is situated on the A1017 at New England and is open from 8.30am to 4.30pm Monday to Friday and 10am to 4pm on Saturdays.

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CONCERNS: Dr Maureen Baker, chairman of the Royal College of General Practitioners, and

GP problems highlighted

A PRACTICE manager from a Haverhill surgery has highlighted her concerns about the lack of investment in GP services.

Ann Sisson, of Christmas Maltings, visited the Palace of Westminster last week to attend a Royal College of

General Practitioner's

She said: "Local people need to know that our hardworking GPs and practice staff, along with the West **Suffolk Clinical** Commissioning Group, are committed to delivering

quality health services

"However, the year-on-year reduction in national NHS funding for GP practices is having an adverse effect on what we can deliver and achieve."

The event took place on

Call for parking at town's rec

NEWS that Haverhill's recreation ground will be transformed with £70,000 has not been welcomed by all of the town's residents.

Those living in Chauntry Road, near to the recreation ground, are complaining about the effect the work will have on their home life. As previously reported, the

green space is to undergo a £70,000 transformation with from Edmundsbury Borough Council's Leisure Asset Review It is hoped that the work will be completed for the start of this year's summer holidays.

A resident, who did not want to be named but lives in Chauntry Road with his wife, **DEBRA FOX**

has said that there is "no parking whatsoever" in the area and that it has gotten "worse and worse'

Vehicles line his and the surrounding streets, he said, every day of the week - but even more so when the recreation ground has special events

Haverhill's inaugural halfmarathon and 10k will be held there on May 11, and the second day of the town's Summer Bash will take place in July.

He said: "The more money they are going to spend on the recreation ground without parking provision is going to make it hell for us here.

'I have lived here for 20 years and it is just getting worse and worse. They say they are going to consult with residents where are people going to park when they visit?"

A spokeswoman for the borough council confirmed that the plans for the future of the recreation ground are due to go on display at Haverhill Arts Centre tomorrow.

They will be available to view on Friday and Saturday, as well as on April 14, 17 and 19, Feedback from members of the public will be incorporated into the final plans and if parking is discovered to be an issue, she added, it will be looked

• Letters page 6

Did you witness criminal damage?

THREE cars' wing mirrors were broken in a spate of criminal damage at the weekend,
The cars, parked in Cambridge Way, were damaged between 10pm on Friday and 11am on

A garden wall in Downs Crescent was also damaged between 10pm on Friday and 6pm on Saturday while the doors and wing panels of a black Ford Focus in Chauntry Road were scratched between 7pm on Saturday and 12.30am on Sunday.

Call 101 if you have any information about any of these incidents

Rail meeting in town next week

MEMBERS of the public are being invited to attend a meeting on Haverhill's transport links.

The Cambridge to Colchester Rail Project

is holding a public meeting next week.

The case for the town to have a rail link restored will be put forward by Rev Malcolm Hill, chairman, and David Edwards, secre-

Peter Wakefield, chairman of Railfuture East, will also be there.

The meeting will start at 7pm on April 16 at the Arts Centre.





We pride ourselves on producing publications for the community and about the community and aim to provide the very best service for readers and advertisers alike.

At the same time, we are constantly looking to improve our titles and are always happy to hear from you with suggestions and comments.

If you have any feedback for us then please contact the relevant person or people listed below.

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Recreation ground needs to be lit

REGARDING the proposed refurbishment of Haverhill recreation ground – great news, it was 20 years ago that the current play park area was constructed, and very good it was. But these areas really need to be

LIT at night, for security reasons, as they are magnets for older kids who go there to drink, and break beer bottles.

My first visit to the newly-constructed current one with my then toddler – now adult – daughter had to be quickly abandoned as there was broken glass everywhere, which I reported.

It would be shortsighted not to light these areas in future, as this is a real danger. It may stop the odd thoughtless late-night dog walker allowing their dogs to use

it too. **Lin Williams**

Good, but they need to spend more...

I'VE just read the feature in the Haverhill Weekly News re £70K being spent on the town's recreation ground.

Yes, it's a good thing but I would say that the amount being spent is paltry. It's very hard to read the small print on the map of the changes but from what I can make out it would seem a lot if the existing equipment (junk) is bring relocated.

The only additions I could discern were a zip line and landscaping. Anything would improve the current shambles but you only have to see the facilities in Bury St Edmunds to know that Haverhill is getting the borough's short change.

It's about time Haverhill Town Council got their mojo and started to properly fight for the kids of this town

Opinion delivered! Name and address supplied

A wonderful morning for mums and kids

ON Saturday March 29 we invited the mums of the children at

Letters should arrive by noon on the Monday before publication. Full name and address mus be supplied and details will be withheld only in exceptional circumstances. Letters should be no longer than 250 words

Your **Pictures**



REGULAR contributor Steve Thomson sent us this picture of an old thatched house, which he photographed while on a 6-mile circular walk from Hawkedon.

Steve wrote: "This property near Stansfield is owned by the Landmark Trust so it can be rented for

holidays etc. However you can't drive up to it so have to be prepared to wheelbarrow your luggage from the nearest highway point, about half a mile away. Priceless!"

Send your photos to: wendy.davey@cambridge-

Stepping Stones to come along in and stay and play – we all had a fun shared morning.

We had bacon rolls for a snack,

we had stories about why we love our mummy and the Mayor of

Haverhill came along to play too. Thanks to the Mayor of Haverhill and Mayoress (Cllr and Mrs RogerAndre) for taking the time to come along; thanks to all the mums who gave up their Saturday morning to have special time with their children in celebrations for Mothering

Sunday.

And a very special thanks to Anne, Suzanne and Zoe; we could not have done it without you. Elaine McManus,

Manager, Stepping Stones Pre-school

and may be edited.
Send your letters to editorial@
haverhillweeklynews.co.uk, or write to The
Editor, Haverhill Weekly News, 15 High Street,
Newmarket CB8 8LX.



community news

NEARLY 40 types of ales and eight

live bands are on the agenda for an upcoming festival. The Plough Inn at Hundon is preparing to host its sixth beer festival, taking place over the Easter weekend.

Punters from the pub were asked to nominate their favourte ales for the occasion, and many from local breweries will be on the menu.

These will include brews from Adnams, Maultons and The Colchester Brewery and craft ciders from across the country will also be available.

Entry to see all of the bands, which includes Live Addition, The Larks, from Bury St Edmunds, and The Inturns, is free.

Hundon The Plough Inn

Kate Wood, organiser, said: "We believe the festival offers a unique opportunity for people to sample an eclectic ale list, featuring local new and national brewers, as well the opportunity to watch eight

superb bands, all of a different musical genre."

The festival opens on April 17 and will close on Easter Monday at 11pm. Food will be served throughout.

Children are welcome to attend the festival until 9pm.

> > Email your Community News to editorial@haverhillweeklvnews.co.uk



BEER READY: Staff at The Plough



Non-runner **Debra Fox** gets off the sofa & in training for Haverhill's inaugural 10K

I'VE ARRIVED at what I like to call the fourth stage of 10k training ... denial.

The first was ignorance. Back in January when I committed myself to this I thought, "it's ages away, got absolutely nothing to worry about". When training began, this swiftly changed to fear.

The thought of running was keeping me up at night – but not just me, my boyfriend too. He was blamed for letting me think I could do this to start with – he's always the first check point when I have a wild idea.

Anger came next. I was angry at the people of Ely for getting in my way on the street, angry at the doughnut van (my old haunt) for smelling so tempting as I ran by, and angry at myself for getting too tired too

And now I'm at denial – the race can't

possibly be four weeks away, can it?
Armed with a map, I've drawn out a 10k (ish) route around Ely. I'm determined to get around it – in full – at least once before May

Luckily for me, stage five is acceptance. Expect the most positive blog you've ever seen next week

I'm going running with my friend tonight in Bottisham, so it might help to have a change

of scene – and a supportive partner. That said, she has just completed the Cambridge Half Marathon so I may live to

Send your tips to debra.fox@cambridgenews.co.uk

Haverhill runners get set for the London marathon

DEBRA FOX

RUNNERS from across the region will join the thousands running the 2014 London Marathon this weekend.

And as you tune into the coverage, why not try to spot some local athletes doing their bit for a charity close to their heart?

Jayne and Richard Nunn, Bumpstead Road. Haverhill, are hoping to raise even more than their £1,500 required donation for the Pancreatic Cancer Research Fund.

The husband-and-wife team are running in memory of Richard's mum Jean, who died of the illness in

Richard was granted a place by ballot and Jayne was given a charity place.

Sunday's race will be the first ever marathon for Richard – but Jayne is completing her third London Marathon.

Mum-of-two Kelly Mepham, of Billings Close, had only had 12 weeks to get fighting fit in order to





ing patients in 2012 with small tasks. These can

include doing shopping, cutting the grass or simply spending time together

Jean, who has already

surpassed her target of £2,000, is running in mem-

ory of a patient, David Peall, who died of motor

disease

over a cup of tea.

ON YOUR MARKS: Jayne and Richard Nunn and Kelly Mepham, pictured with son Henry.

be marathon-ready.

The 33-year-old is running for VICTA – a charity supporting blind and partially-sighted children, and their families – and has to raise a minimum of £2,500 with her running partner Nick Rippon-Smith.

Kelly's son Henry, 3, has

before his second birthday and has "very bad eyes for his age", she said, so the charity is "quite close to

A hospice neighbour giv-ing her time to St Nicholas Hospice Care will also be taking to the streets of the capital city to raise money. Jean Newlands, of Great

Wratting, started support-

She is inviting the public along to a coffee morning, to be held tomorrow at Withersfield Village Hall between 10am and noon, to help and add to her

Sharne Hunt will also run Sunday's marathon in aid of The Children's Trust - which supports children with brain injuries, multi-ple disabilities, other complex health needs and their families.

Following the marathon, she is joining forces with friend Chris Claydon to host a charity football match at the New Croft.

As well as raising funds for The Children's Trust, it will go towards Macmillan Cancer Support too.
The game will take place

on May 4 from 11am. Visit justgiving

Visit justgiving.com/ jaynenunn for Jayne and Richard, uk.virginmoney giving.com/ripponsmithmepham for Kelly, uk.virginmoneygiving. com/JeanNewlands for Jean and *justgiving.com/ sharne-lester1* for Sharne.



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ESDALE Diane

The family of the late Diane wish to thank all who sent kind messages of sympathy following their recent sad bereavement.

Thanks also to those who attended the funeral service and sent such kind donations in her memory.

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Announcements



EXAMINATION: Members of the Haverhill Tang Soo Do Korean Martial Arts Club.

Success for martial arts club

club are celebrating success.

Members of the Haverhill Tang Soo Do Korean Martial Arts Club have been graded in a recent examination in Cambridgeshire.
The athletes were judged by

the 10th Grand Master, Lee

Kang UK. Craig Phillips, the Haverhill 2nd Dan Instructor, said: "The students have all worked very hard in class to get to the required standard working on forms, self-defence and fighting even before being put forward for their examination

and Regional Instructor."

The first lesson at the club is free to try – just attend with a bottle of water and some loose-fitting clothing.

They meet every Tuesday at Leiston Community Centre, Haverhill from 7pm until 9pm

A mountain of money raised

DEBRA FOX

A BUSINESSMAN has donated more than £1,000 to a maternity hospital.

Bruce Davidson, of Jupiter Close, Haverhill, celebrated his 60th birthday in style last year by climbing Mount Kilimanjaro.

Now he has presented his

money to the Rosie Maternity Hospital in Cambridge. Bruce's climb raised £1,726.

Bruce said: "Much-needed funds are always required. Addenbrooke's and the Rosie are NHS hospitals and all the staff are paid by NHS.

"However they do try to give the care that would normally be associated with private hospitals, but without the need for the patient to pay more. This is where the funding comes in.
"My donation is minuscule

in comparison to what they -Addenbrooke's Charitable Trust – need to raise each and



CHEQUE: From left. Michelle Gray, head of community fundraising for Addenbrooke's Charitable Trust. Anna Shasha, héad of midwifery and Bruce Davidson.

The 60-year-old joined a team of climbers for a fiveday ascent and one-day descent of the mountain in October 2013.

The gruelling challenge was not Bruce's first time fundraising for the hospital - the 60-year-old ran the London Marathon in 1991 and raised £2,000.

Michelle Gray, head of community fundraising for ACT, said: "We are so thrilled that Bruce chose to raise funds for the Rosie hospital following his epic challenge.
"Following on from the total

refurbishment of the hospital last year, the money he raised with support from his family, friends and colleagues will help to ensure that the best possible care continues to be provided to women in facilities that provide a tranquil environment during what is an emotional but very special

time.
"Sadly, sometimes things don't go quite as planned during a birth so it is good to know that specialist emergency care is readily available, giving mums and babies the best possible chance of recovery.

Lesson on how to build your own rocket

ALMOST 200 students have worked together to build their own rockets.

The experiment, which was led by by Castle Manor Academy's Science Team, was held during National Science and Engineering Week.

Pupils from Place Farm Primary Academy, Burton End. Place Farm, Clements and St Felix primary schools joined forces to design, build and fly stomp rockets in and around the main hall at Castle Manor.

The rockets are made from pipe insulation and are put in flight by 'stomping' on a 2-litre drinks bottle. Some students reached distances

of 14 metres with their creations.

Gareth Marks, team leader for science, said: "We have had some really exciting sesisons with the Year 4 pupils and seen some

excellent thinking.
"We had fun and learnt a little about the scientific process too.'

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NEWS IN BRIEF

Find out what's on

RESIDENTS across West Suffolk will have a new way to find out about upcoming events.

St Edmundsbury and Forest Heath councils are launching a new website over Easter Weekend to keep local people and visitors up to date with activities.

The site, which has been named West Suffolk Diary, will encorporate entertainment listings with dates for family events, historical sessions and workshops across the whole area.

Visit westsuffolkdiary.co.uk for more information and to find out what's on and to

You can also find out more via Facebook by visiting facebook.com/westsuffolkdiary or on Twitter @wsdiary

Comedian on stage tomorrow

A STAND-up comedian will wow the crowds in Haverhill tomorrow.

Jo Caulfield will perform her *Celebration of*

Anger show - about life's irritations, and why it's okay to be angry - at the Arts Centre

Jo has made appearances on Michael McIntyre's Comedy Roadshow, Mock The Week, Have I Got News For You and Never Mind The Buzzcocks

She also her own show on Radio 4 - Jo Caulfield's Speakeasy.

The show will start at 8pm. Tickets are £12.50. Visit haverhillartscentre.co.uk or call

Ambulance survey extended

A SURVEY into the ambulance service across Suffolk has been extended.

Carried out by Healthwatch Suffolk, the survey will now run until May 1.

Visit www.surveymonkey.com/s/hwsamb or call 01449 703949 for a hard copy.



FEELING BLUE: Students raising awareness of autism with blue-themed activities.

Wearing blue to raise awareness

PUPILS from Haverhill schools have been raising awareness of autism.

Youngsters attending Churchill School and Samuel Ward Academy donned their favourite blue clothes and ate blue cakes in honour of World Autism Awareness Day, held on April 2.

The pupils also took part in sports activities including a beat-the-goalie shootout - all played with a blue ball.

Churchill School, based on Samuel Ward's campus, welcomed its first intake of pupils in

The school welcomes young people aged between 8 and 18 who have language and communication difficulties, high-functioning autism, Asperger's Syndrome, and other specific learning difficulties. The event was organised by Pat Stalker. Georgina Ellis, head of Churchill School, said:

"This was a great opportunity to raise awareness of autism and challenge thinking. The pupils enjoyed the opportunity to work together."

Plans for flats refused

CONTROVERSIAL plans for eight affordable homes and associated parking spaces have been refused after months of debate.

The application, entered by Havebury Housing Partnership, proposed that four one-bedroom and four two-bedroom flats be built on land north of Lower Downs

Slade, with garages attached.

Members of St Edmundsbury Borough Council's development control committee previously expressed concerns about the control

impact the new homes would have on the road's traffic, which was described as "congested" at an earlier meeting.

They carried out a site visit on February 27 following confusion raised about traffic flow on the road and called for an independent assessment.

In a report, the independent engineer said: "I do not consider that

the proposal in its current form can justify a refusal on highway grounds."

Suffolk County Council previously entered an objection over vehicular access to the road, but this was withdrawn after alterations were made to the plans - which originally called for six garages. This

was later reduced to four.

Councillors made their decision at the committee meeting on April

Scott Bailey, head of development

at Havebury Housing Partnership has said they are "disappointed" with the decision.

He said: "There is a high demand

for affordable housing in the area with over 1,500 households on the St Edmundsbury waiting list and over half of those are seeking onebedroom homes.

"This small development would have provided an opportunity for local people to move into modern homes near the town centre of

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lian diner is an Easter must

WITH spring now well and truly here and Easter just around the corner, there's never been a better time to visit Zafra Italian restaurant.

From the charming rural setting in the picturesque Essex village of Finchingfield, complete with village green where you can feed the ducks, the family-run eatery has lots of delicious fare on offer.

Chef Frank Tyler's cuisine, always of the highest standards, has garnered great customer reviews over the year and this, along with the friend-ly welcome that you are guaranteed to receive, makes it a lovely choice for a family meal

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steaks, grills, pizza and pasta, with a strong focus on good Italian dishes, there will be something for everyone to enjoy. Tasty dishes include seafood like lemon sole, swordfish in a Sicilian sauce, sea-bass, tiger prawns or salmon in a fennel and lemon sauce. For pasta fans, the fresh ravioli with gorgonzola and walnut is sure to go down a treat, and traditional spring lamb is just the thing for a lovely Easter lunch.

Your sweet tooth won't be neglected either. Desserts on the menu include the classic tiramisu, Italian-style profiter-



FRANK TYLER: Something for all

oles with milk chocolate sauce, a panna cotta with rhubarb, strawberry and elderflower cheesecake or an indulgent treacle tart. And if you want to cool down on a warm spring day, you could even opt for an ice cream cornet.

Once a month Zafra gets ready to party, with its Sunday Jazz lunchtimes. The next

event will be on April 27, when singer Antony Myers enter-tains you with the music of Michael Buble and Frank Sinatra as you enjoy a two course meal, plus glass of wine, all for just £20. Pizza fans should also look out for Wednesday evenings, when all pizzas are half price.

So why not make your reservation now, and take a trip out to this charming Finchingfield restaurant as the evenings get lighter and the days get warmer, and longer.

Zafra is at 5 The Green, Finchingfield, Essex. Visit zafrafinchingfield.co.uk, or tele-phone (01371) 810501 to reserve a table or book a place at one of the special events.

ALLPARTS



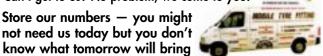
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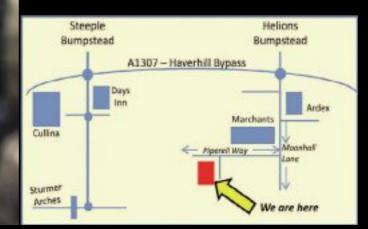
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It's time to lose the label

LUTCHING a stuffed kangaroo and beaming up at our photographer, Mara Clark is perfect model material. Blonde, scrumptious and brimming with personality, she's completely unfazed as he snaps away. "She's a little poser," laughs her mum. Michelle.

Mara, who turns 2 in June, is used to having her photograph taken – and seen. In fact her picture has been viewed all over the world, thanks to Michelle's hugely popular Facebook campaign.

Called Lose the Label, it's an online page filled with wonderfully engaging images of people with Down's syndrome, all going about their daily life – drawing, swimming, bouncing on a trampoline. Each picture states their name, and the same simple message; at the top of the page is Mara herself, alongside the words: I am Mara. I have Down syndrome. I am not Down syndrome. I am Mara. The idea came to Michelle after

The idea came to Michelle after months of everyone from health professionals to people in the street referring to her daughter as 'a Tired of hearing her daughter Mara referred to as 'a Down's baby', Michelle Clark is on a mission to change the language we use to describe people with Down's syndrome – and her campaign, Lose the Label, is taking the world by storm.

By EMMA HIGGINBOTHAM

Down's baby'. "So with the 'I am' campaign, I wanted to say 'This is my face: yes, I have Down's syndrome, I can't hide. But it doesn't define me, it's not who I am," says Michelle. "It means 'I'm a person'."

define me, it's not who I am," says Michelle. "It means 'I'm a person'." Originally from Australia, Michelle, who's 44, came to England in her early 20s with her first husband; the marriage broke down just before she turned 40, and she threw herself into her work at a Cambridge tech company.

It was here she met Ben; the couple, who live in Wilburton, celebrat-

ed their first wedding anniversary last weekend. "I was part of the team that hired him," she grins. "I wasn't looking for a relationship, but we hit it off and went from there.

"We decided that we wanted to try for children, but I didn't think that we would be able to get pregnant; years and years ago, I tried for eight years, but it wasn't meant to be."

This time it clearly was meant to be. The couple were delighted when Michelle discovered she was expecting but, because of her age, they knew there was a higher chance of complications. "It was something that we discussed before we even tried to get pregnant. But it wasn't an issue for us. We both wanted to go ahead."

That's why, when routine blood tests indicated that their unborn child could have an abnormality, Michelle took it all in her stride.

"My bloods came back as a 1 in 200 chance of Down's syndrome, which isn't high, but we had 1 in 75 chance of Edwards syndrome, which is pretty much terminal; most children don't survive for more than two weeks if they get through the pregnancy."

Michelle was offered amniocentesis – an invasive test that can confirm abnormalities – but because it carries a risk of miscarriage, she declined. "I said no, I want to see the pregnancy through to its natural conclusion. No way am I going to risk a miscarriage."





ALL SMILES: Mother and daughter

Pictures by Patterson

Mara's entry into the world was rather dramatic; she was born by caesarean when a scan showed that Michelle's blood wasn't flowing properly into the placenta. Seven weeks early, she weighed just

3lb 3oz., "I didn't get to hold her, but they brought her to me so I could give her a kiss," recalls Michelle. "Everything was so surreal because I didn't think that I would ever be able to get pregnant, and it was a case of 'This is my life now, and it's wonderful'. Tears were just streaming out of my eyes because I had this beautiful little girl.

The following day, doctors told the couple that they sus-pected Mara might have Down's syndrome; she had certain tell-tale characteris-tics – flatter facial features and a larger 'sandal gap' between her big and second toes: "But it didn't faze us at all," says Michelle. "The only concerns we had were about her health. She was so premature, and we were worried because she was so tiny. Having Down's syndrome? It was like 'OK, fine, thank you, let's move on'.'

The diagnosis was confirmed two days later, "and I cried, but I didn't cry for the reasons that most people do: most people go into shock, but I had no concerns about the Down's syndrome. I cried because the only thought in my head was: 'What is society going to do to her to shape the way she feels about herself? It was my biggest fear.

A genetic condition which causes learning difficulties and health issues, around 750 babies are born with Down's syndrome every year in the UK.

Mara had two holes in her heart, both of which have repaired themselves, and her development has been slower: "It's more noticeable now, because she's not walking, says Michelle.

Does it bother her? "No, not at all actually," she shrugs. "It's more people's language that bothers me. It doesn't offend me," she stresses, "but it makes you fully aware of the way that people with Down's syndrome are per-ceived. They're not perceived as 'normal', but they are! Mara has the ability to learn everything the next person does, it may just take her a little longer.

The problem, she says, is that our knowledge – and language - is inherited from a time when very little was known about people with the condition."

Do people ever stare? Michelle smiles. "I'll give you an example – a day I felt we didn't fit in the world at all.
"It was the day we were

going to buy her first pair of shoes. We had an orthotics appointment for her ankles, and the orthotics guy called



her 'a Down's child'. So that was the first thing. Then we were in John Lewis, and a lady came up to us; she was being so nice, and chatting with Mara, but then she turned to me and said 'Oh, she hasn't got it bad, has she?

"For some reason people seem to think there's a severity level, but with Down's syndrome you either have it or you don't. I told her 'Yes, she has Down's syndrome; yes, she's very pretty'. It did offend me, I suppose, but I was try-ing not to let her know – but she physically ran away from us. She really tried, and I really do appreciate that, but then

it all went wrong.
"After that there were two women – one my age, and one that would've been her mother – walking around. The one my age looked at Mara in the pram, gave her this disgusted look, and then she turned to me and gave me the same disgusted look. Then she stopped her mother, pointed at Mara and and Mara got the same disgusted look from that woman. "I felt so deflated. They're

the sorts of people I don't want to affect Mara. I don't want her ever, ever to have to

deal with that sort of thing.
"I'm her mother, so I'll always see beauty in her and I'll always be biased, but what do people see when they see a child with Down's syndrome? Are their features so disgusting that they react this

way?
"I was really upset.
It was like what am I going to do? How can I protect her from society? I just can't. And it all came flooding back, that this is my life struggle. I can't protect her, but what I can do is try to educate society.'

Michelle set up the Facebook page last October: "I had the 'I am' campaign message in my head for some time. It was simple but it seemed quite powerful.
"There are so many battles

you can fight, but I chose language because I think that while people still define others by their diagnosis, there will never, ever be full inclu-

The response has been incredible. In just six months, the page has achieved more

than 4,750 'likes', and people from every corner of the globe have been sending in their photographs. "It's gone quite viral, to be honest; obviously it's an issue around the world," says Michelle.

I get floods of messages: thank yous, stories about what they've had to face that day, or reactions to their children. They're so sick of peo-ple calling them 'a Down's child' and they're right to be! "But how do you tell some-

body 'please don't say it that way, say it this way', without them getting on the defen-sive? I think that Lose the Label has found a way to do

Michelle invites people to submit snapshots of their friends and family in everyday situations, then adds the words and Lose the Label logo herself. She chose 'Down syndrome' rather than 'Down's syndrome' because that's how it's referred to in Australia and the USA: "I always thought that it would go global, so what's an 'apostrophe s' among friends?" she

And what are her hopes for Mara's future? "I guess I want what every parent wants – for her to live a happy and independent life where she can be safe, accomplish what she wants to, be a good person and be herself.

"But no matter how great our efforts to prepare her for

the world, no matter how much we tell her we're incred-

the Label: ibly fortunate to promoting the have such a cheeky, stronguse of first person language can willed and be found at facebook.com, delightful little girl, it's society that will influlosethelabel. ence the Mara feels way about herself, and this is why

Lose the Label exists. It's here for everyone to see each person with Down's syndrome as the unique individual they

There's a new photo of Mara on the page now, this time with Michelle holding her: "The only reason I chose that photo – because I don't like me in it! – is that Mara is so engaging," says Michelle, giv-ing her little girl a squeeze. "She's just draws you in and says 'Oi! I'm Mara, I'm not this diagnosis! Yes, I have it, but it's no big deal'.

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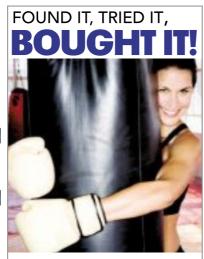
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Great War is brought to life in novel

A LINTON resident has just published his first novel after four and a half years of writing. Robert Linsdell, 38, made

Robert Linsdell, 38, made time around his full-time job and parenting to write *Close of Play*.

The novel, which is available

as an e-book, tells the story of friendship between two men growing up in the early 20th century and how their lives change when they sign up to fight in the First World

Mr Linsdell, who is used to writing poetry and shorter

pieces, said that he had always started writing books but had never finished them.

He said: "But with this story I was so interested in the topic so it was easier to sustain it.

"It is a success in itself to have completed it."

How to get more fruit and veg

AFTER reports that five pieces of fruit and veg a day don't make the grade, a Suffolk organisation has released tips on how to incorporate more into your diet.

Live Well Suffolk has

Live Well Suffolk has revealed seven easy ways to get more of the good stuff after new research found eating seven pieces of fruit or vegetables can reduce the risk of premature death by more than 40 per cent.

Heather Osborn, dietitian for Live Well Suffolk, has shown some of the easy ways to make sure you get more. She said: "We want to

She said: "We want to remind people that eating plenty of fruit and veg every day doesn't have to be expen-

NATALIE ROBINSON

sive and we hope that these tips will help encourage people to make healthier food choices."

The tips are:

- Buy loose fruit and vegetables rather than pre-packaged as they are often cheaper.
 Visit budget supermarkets
- Visit budget supermarkets where there may be offers on fruit and veg.
- fruit and veg.

 Choose fruit and veg in season as they will be more affordable.
- Shop at a local market or farmers' markets for fruit and vegetables.
- Replace a mid-morning snack with a piece of fruit.

- Re-use leftover vegetables in sours, stews or casseroles
- Grow your own fruit and vegetables.

Heather added: "Although the research has found that eating seven to 10 portions of fruit and vegetables has the most health benefits, people are still struggling to meet the current recommendation of five a day.

"But the study did find that there are health benefits from every portion of fruit and vegetables that you eat and eating just one to three portions on a daily basis is much better than not eating any at all."

For more information about how to stay healthy, visit livewellsuffolk.org.uk.

Band on the rise after chart success

A PREVIOUSLY unsigned band has been snapped up by a management company after spending 20 weeks in a radio

Flux 32, from Haverhill, completed the full run in the Cambridge105 unsigned chart – including some time in the number one spot.

Following their success they have been signed to Off The Chart Promotions and are looking to spread their fanbase across the region.

Bassist Dave Brittain said: "We would just like to thank all our likers on Facebook, Twitter followers and all our friends and family for their continued support, and a special thanks to Dave Hammond who gave us our first radio airplay and has been a huge supporter of Flux.

"Working together with Off The Chart we can really build on our current success and look forward to lots of gigs and lots more music to

Tomorrow, Flux 32 will play at The Junction in Cambridge, headlining the Fiver night.

headlining the Fiver night. For more information and for tickets, which cost £5, visit facebook.com/flux32. You can also go to flux32.com.

The band also have plans to play Stortfest in Bishop's Stortford, Strawberry Fair in Cambridge and NMG night at The Portland Arms, also in Cambridge.



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Former ARU student scoops journalism award

AN ASPIRING journalist has used his experience of working in a Cambridge supermarket to scoop a prestigious writing award

writing award.
Former Anglia Ruskin University
(ARU) student Brendan Sharp won the
Wyn Harness Prize for young
journalists, an annual award presented
by The Independent newspaper, for a
story about how self-service checkout
machines can alienate shoppers based
on his time spent as a self service
assistant in Cambridge.

assistant in Cambridge.

The 22-year-old, who is originally from Clare, near Haverhill, said: "To win such a prestigious prize is amazing and it was a fabulous experience going to *The Independent*'s headquarters and meeting the editor.

"To see my article in print in a national newspaper is what every aspiring journalist dreams of, and I hope that this can act as a springboard for my future career."

Brendan's article was praised for clarity of argument and aptness of subject matter by *The Independent's* editor Amol Rajan.

editor Amol Rajan.
Mr Rajan said: "The threat to manual workers from automation is a challenge facing all advanced societies. He addresses it in a compassionate and cogent way, and looks destined for a long and glorious career in journalism."

Brendan, who graduated from ARU with a degree in English Literature in 2012, was awarded with a cheque for £1,000 and two weeks of work experience at *The Independent*.

Rowlie Wymer, Professor of English at Anglia Ruskin and Brendan's tutor, added: "I'm delighted for Brendan. He applied himself very well to the course and his writing got better and better during his time at Anglia Ruskin."



SCOOP: Former Anglia Ruskin University student Brendan Sharp receives the Wyn Harness Prize for young journalists from Amol Rajan, editor of *The Independent*.

101 drivers are caught not wearing seatbelts

POLICE targeting drivers not wearing their seatbelts have snared 101 people in Norfolk and Suffolk.

During a week long campaign held between March 10 and March 16, police officers conducted checks on motorists and passengers through the counties as part of the Europe-wide TISPOL campaign.

Each driver caught with no seatbelt received a fixed penalty notice of £100 or were offered a course.

Four of the 101 offences related to children not wearing seatbelts, a responsibility of the person driving the car.

Chief Inspector Chris Spinks, head of the roads policing unit, said: "I'm disappointed that over 100 people have ignored the importance of wearing a seatbelt.

"As previous fatal road traffic col-

NATALIE ROBINSON

lisions have shown, failing to wear a seatbelt can have tragic consequences. "It is particularly saddening that

"It is particularly saddening that four adults thought nothing of carrying a child in their vehicle without ensuring they were strapped in

"Seatbelts can be a major factor in reducing the likelihood of being killed or seriously injured and should not be underestimated. "It is an effortless task that should

"It is an effortless task that should be part of a routine before starting up a vehicle and quite simply can mean the difference between life and death."







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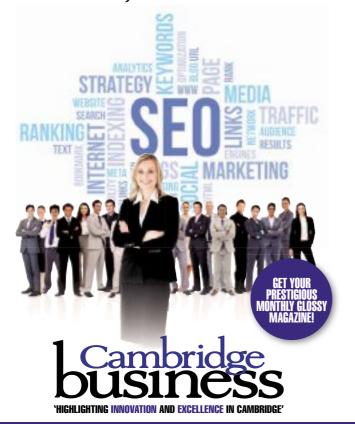




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Brothers get into flooring business

A FAMILY business for all flooring needs has opened in Haverhill.

B.B Flooring, run by Brett and Brad Butler, is in Station Road.

The pair offer goodquality flooring for low prices including carpet, vinyl tiles and laminate.

Brett, a trained floor fitter, started his own business last year with a stall on the market. After celebrating success he and Brad joined forces to open a shop to deal with the demand.

In setting up, B.B has had a lot of support from fellow businesses in town include Queen Street Computers, Tyson Floors, and Morris Armitage.

The premises is owned by Specialized Print and **DEBRA FOX**

holds Suffolk Bronze Carbon Charter for energy efficiency, without changing the integrity of the building.

changing the integrity of the building. B.B also offers a 5 per cent discount to pensioners every Wednesday. For more information visit the shop in Station Road or call 01440 761209.

B.B Flooring still has a stall on Haverhill market every Saturday, from 8am until 3.30pm. Visitors to the market can book up a measuring session at the stall, and remnants are available for purchase.

The shop is open from Monday-Friday 9am until 5pm and 9am until 4pm on Saturdays.



IN BUSINESS: B.B Flooring in Station Road, Haverhill.

PROVIDER: Paul Donno with his award. Picture by David Doughty



National honour for accountant

AN accountant has been recognised for his success in promoting his new business.

Paul Donno launched 1 Accounts Online Ltd – an online accountancy company – in January, and has been awarded with the Online Provider of the Year Award.

The accolade, handed out by Sage, recognises Mr Donno's work in

promoting Sage One, a cloud-based accounting package designed to help small businesses and traders.

Mr Donno has also been invited to work on a series of seminars with Sage due to his success.

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Accounts Online Ltd on 08448 111
3960 or visit *1accountsonline.co.*



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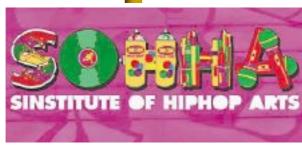
How to do НірНор

EVER fancied a go at HipHop and breakdancing? Now's your chance. Urban arts group SIN Cru is running its I5th workshop led six-day festival, SOHHA (Sinstitute of Hip Hop Arts) with Cambridge City Council over the Easter break.

Aimed at energy pumped youngsters, but open to HipHop minded adults too, during the festival even 0-6-year-olds won't get left out, tiny weeny BBoys can leap around at a HipHop tots session.

Total beginners can get a full introduction to SIN Cru's creativity with foundation classes in BBoy basics, while SIN Cru regulars and established BBoys can sign up to a weeklong BBoy masterclass, led by a series of experts.

Hang out with Mon Mounir to get some French inspiration, release your inner kung fu cartoon character, bump up your 'power moves' and hone your rhythm.



Workshop-wise you can chill out with some yoga, put your vocal chords to good use with beatboxing learn to graffiti (and choose a tag), try out your MCing and DJ skills, and get the diabolo out for some circus tricks

Plus, see how you do in a HipHop quiz and - oh brave ones - give HipHop karaoke a go. There'll also be a graffiti art exhibition and an endof-week party (Friday) where you can share and show off the skill(z) you've learned throughout the week, followed by the Know the Ledge Community Graffiti Jam on Saturday, featuring live graff art and showcase

sinstitute of Hip Hop Arts (SOHHA), Cambridg nbat & Fitness Centre, Histon Road, until urday, April 12 at various times. Tickets £10-3 from *projects@sincru.co.uk*

■ Scamp Theatre and Watford Palace Theatre bring PIRATE GRAN, based on the books by Geraldine Durrant and Rose Forshall to us today at 2pm. It's brim-full of fun for seafaring children aged three-plus and their children aged three-plus and their shipmates of all ages. Meet Gran. She bakes. She knits. You'd never guess she was a Pirate! Pirating isn't the life for everyone, but Gran says if you don't mind sleeping in a hammock and being called Scary Mary, then it's a career more girls should think about. With a pet crocodile under her bed, a wicked sense of humour and a whole raft of adventures under her belt – time with Gran is never dull! Gran isn't scared of anything. Not even monsters. And then there's Grandpa

... The show lasts for one hour.

Join JO CAULFIELD for A CELEBRATION OF ANGER tomorrow at 8pm. Jo's always wondered why anger is seen as such a bad thing When life presents such irritations as vacuous celebrities, endless TV quiz shows, emotionally 'challenged' men and drunken girlfriends who always pick the wrong partner, surely having a good rant – and a good laugh – is the only sensible reaction? Enjoy your anger. Star of Radio 4's hugely popular Jo Caulfield's Speakeasy, and seen on Michael McIntyre's Comedy Roadshow, Mock The Week, Have I Got News For You, Never Mind The Buzzcocks and The Apprentice: You're Fired, Jo promises a fantastic night out for everyone. No matter how angry

you might be.

To the delight of fans, ONLY ONE DIRECTION, the UK's number 1 One Direction tribute band, is coming to Haverhill Arts Centre as part of their MIDNIGHT MEMORIES TOUR on Sunday 13 April at 2pm and 7pm. Capturing the charisma, energy and enthusiasm of the famous five, this show features songs from all

news from høverhill artscentre 01440 714140

three of One Direction's smash hit albums, with giveaways, audience participation and a meet-and-greet

with the boys.

Long Nose Puppets bring
ARTHUR'S DREAMBOAT, based
on the book by Polly Dunbar, to
us on Wednesday 16 April at 11am
and 2pm. One night Arthur has an amazing dream about a beautiful pink and green boat with a stripy mast. He can't wait to tell everyone about it but no one (not even his dog!) is interested. In fact, they don't even notice that this very same boat is growing on his head, getting larger and larger by the minute! Soon, Arthur is bouncing along the waves in his very own dream boat. Maybe now his family will listen to him! Brought to you by the makers of Shoe Baby and Penguin, with music by Tom Gray of the Mercury Award winning band

■ The Arts Centre will be closed on Good Friday and Easter Monday; we'll be back and ready for action on Tuesday 22 April. We just need the sun to shine!

For more details, telephone Sara Phillips or Pam Jones on 01440 714140 or email marketing@ haverhillartscentre.co.uk or boxoffice@haverhillartscentre.co.uk

films

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Tinker Bell And The Pirate Fairy 2d (U): Fri 10.30am Philomena (12a): Mon 1.30 Love Is In The Air (15): Mon 7.30 The Lego Movie 2d (U): Thu 10.30am The Monuments Men (12a): Thu 7.30

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Kids am: Mr. Peabody and Sherman 2D (U): Fri-Thu 10am Kids am : Mr. Peabody and Sherman 3D (U): Fri-Thu 10.30am Seniors: Endless Love (12a): Tues 1 Seniors: Endiess Love (12a): Iules I Muppets Most Wanted (I) Sun 12.30 (subtitles); Tues 6 (subtitles) The Quiet Ones (15): Fri-Sat 3.15, 5.50, 8.20, 10.50; Sun-Tues 3.15, 5.50, 8.20; Wed 3.15, 5.50, 8.20, 11.20; Thu 3.15, 5.50, 8.20 Khumba (U): Fri 10.30am, 12.45; Sat-Sun 10.20am, 12.45; Mon-Thu 10.30am, 12.45 The Amazing Spider-Man 2 3D (12a): Wed 1, 4.10, 7.30, 10.40; Thu 1, 4, The Amazing Spider-Man 2 2D (12a):

Med 12.30, 3.40, 7, 8, 10, 11.10; Thu 12.30, 3.40, 7, 8, 10, 11.10; Thu 12.30, 3.40, 7, 8, 9 Captain American Hustle (15): Tues 9 Captain America: The Winter Soldier 3D (12a): Fri-Sat 8.10, 11.15; Sun-Tues 8.10 Captain America: The Winter Soldier 2D (12a): Fri-Sat 1.10, 4.20, 7.30, 10.40; Sun-Tues 1.10, 4.20, 7.30; Wed 1.30, 4.30, 6.30, 7.50, 10.50; Thu 1.30,

4 30 6 7 50

Divergent (12a): Fri-Sat 11am, 1.20, 4.30, 5.20, 7.40, 8.30, 10.50; Sun-Mon 11am, 1.20, 4.30, 5.40, 7.40; Mon 11am, 1.20, 4.30, 5.40, 7.40; Wed-Thu 1.20, 4.30, 7.40 Noah (12a): Fri-Sat 10.20am, 1.30, 2.10, 4.40, 6.10, 7.50, 8.45, 9.20, 11; Sun-Mon 10.20am, 1.30, 2.10, 4.40, 6.10, 7.50, 8.45, 9.20; Tues 10.20am, 1.30, 2.30, 4.40, 6.10, 7.50, 8.45, 9.20; Wed 10.20am, 1.30, 4.40, 7.50, 11; Thu 10.20am, 1.30, 4.40, 8.45 Rio 2.2D (12a): Fri-Tues 12.20, 3, 5.30; Wed-Thu 11am 12.20, 3, 5.30 Wed-Thu 10am, 12.20, 3, 5.30 Rio 2 3D (12a): Fri-Tues 1, 3.30 Muppets Most Wanted (U): Fri-Tues 9.50am, 12.30 (subtitled Sun), 3.15, 6 (subtitled tues); Wed-Thu 9.50am, 12.30, 3.20 The Lego Movie 2D (U): Fri-Thu The Grand Budapest Hotel (15): Fri-Thu

Non-Stop (12a): Fri-Sat 11.30; Wed

CAMBRIDGE ARTS PICTUREHOUSE 0871 902 5720 0871 902 5720 Calvary [15]: Fri 11am, 1.30, 4, 6.30, 8.50; Sat 11.30am, 1.30, 4, 6.30, 8.50; Sun 11.15am, 1.30, 3.45, 6, 8.30; Mon 11am, 1.30, 4, 6.30, 8.50; Tues 10.30am, 1.30, 4, 6.45, 9; Wed 11am, 1.30, 4, 6.30, 8.50; Thu 10.30am, 12.50, 3.10, 6.20, 8.45 Half of a Yellow Sun [15]: Fri 1.20, 8.30; Sat 1; Sun 6.15; Mon 1.10; Tues 1.45, 8.45; Wed 11am; Thu 1 The Double [15]: Fri 11.15am, 4.15, 6.45; Sat 4.30, 6.45; Sun 3, 5.30; Mon 11.15am, 4.15, 6.45 The Grand Budapest Hotel [15]: Fri 1.45, 9; Sat 1.50, 9; Sun 12.45, 8.15; Mon 1.45, 9 The Lunchbox [pg]: Fri 11am, 3.45, 6.10; Sat 3.30, 6; Sun 10.40am, 8.45;

Mon 10.50am, 3.40; Tues 4.15, 6.30; Wed 10.30am, 6.10 The Love Bug [u]: Sat 10.30am, 11am Under the Skin [15]: Sat 8.30; Mon 6;

Bag of Rice (Kiseye Berendj) [pg]: Sun

Beauty and the Beast 2D (Re) [u]: Sun 1 Bagpuss: Programme 2 [u]: Mon 10am, Wed 10am

The Past [12a]: Mon 8.30;Wed 3.20 RSC Encore: Richard II [12a]: Tues 1;

Willy Wonka & the Chocolate Factory [u]: Tues 10.30am, Thu 10.30am CFC: Growing Up in Post-War Britain [no cert]: Wed 1

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See venue for details

ABBEYGATE PICTUREHOUSE Bury St Edmunds 08719025722

08719025722Noah (12A): Fri 5, 7.45; Sat 4.30, 7.30; Sun 7.30; Mon 5, 7.45; Tues 5, 7.45; Wed 5, 7.45; Thurs 7.30
The Grand Budapest Hotel (15): Fri 5.30; Sat 8; Mon 5.30; Tues 2.30; Wed

The Muppets Most Wanted (U): Fri The Muppets Most Wanted (U): Fri 2; Sat 2; Mon 2; Tues 12noon; Wed 1.30am; Thurs 10.30am The Past (12A): Fri 8; Sat 5; Sun 7.30; Mon 8; Tues 5; Wed 8 Rio 2 2D (U): Fri 12.30, 3; Sat 11.30am, 1.30; Mon 12.30, 3; Tues 12.30, 2.45 Wed 2; Thurs 1.30, 4.30 Suzanne (12A): Tues 8 Peauth And The Beast (III): Sun 12.30 Beauty And The Beast (U): Sun 12.30 Picturehouse Pythons, Kids Club: The Love Bug (U): Sat 11am Toddler Time: Bagpuss Programme 2 (U): Tues 11.30am

film of the week

CALVARY (15, 101 mins)

THE luck of the Irish runs out for one unsuspecting priest in John Michael McDonagh's wicked black comedy that contrives a murder mystery before the heinous crime has been committed.

In a riveting opening sequence worthy of Alfred Hitchcock, Father James Lavelle (Brendan Gleeson) tends to his flock in a close-knit Sligo community riddled with dark secrets.

Sitting quietly in the confession booth, the holy man is stunned when an anonymous male parishioner confides, "I was raped by a priest when I was seven years old, every other day for five years."

Father James listens intently as the man calmly reveals that his abuser was never punished and he intends to exact revenge by spilling more blood.

"There's no point in killing a bad priest," the confessor continues. "I'm going to kill you because you're innocent."

Thus, Father James is instructed to put his affairs in order before his date with destiny on the local beach.

"Killing a priest on a Sunday - that'll be a good one,"
concludes the parishioner before he leaves the booth.



the holy man searches for glimmers of hope in the eyes of his wayward flock including the scheming laird (Dylan Moran), the butcher (Chris O'Dowd) whose adulterous wife (Orla O'Rourke) is engaged in a violent tryst with a garage mechanic (Isaach De Bankole) and his own daughter (Kelly Reilly).

Everyone has something to hide, it seems, and McDonagh's richly detailed script suggests that any of the men in town, including the doctor (Aiden Gillen) and an ailing American writer (M Emmet Walsh), might be Father James's intended killer.

Indeed, the only suspects the weather-beaten priest is willing to discount are militant Islamists.

"I don't think Sligo is high on the Al-Qaeda agenda," he quips to one of the locals. Sunday draws closer, forcing

Father James to consider all of the wrongs he has committed and their potential repercussions.

Building on incendiary themes in his 2011 directorial debut The Guard, McDonagh delivers an accomplished portrait of an insular world marinading in depravity and

He populates the windswept locations with a memorable band of misfits and degenerates.

Gleeson delivers a towering performance as a vessel of God, who may pay the ultimate price for another man's sins.

The tension cranks up, reaching a crescendo as Father James takes the lonely walk down to the beach to discover his destiny. We silently plead him to stop, to turn around and flee to safety, but McDonagh has never offered his characters an easy way out.

Get kids into the garden

GARDENING

by Hannah Stephenson

beginning to look like it might be), many parents will be wanting to sort out their gardens - and hopefully encouraging their children to give them a hand along the way.

Certainly, with National Gardening Week (April 14-20) on its way too – a

scheme launched three years ago by the RHS to celebrate gardening with nationwide events - there really is no excuse not to get your little ones outdoors.

Andrea Fowler, horticultural educator at RHS Garden Wisley, points out that attracting wildlife, seed-sowing and vegetable-growing are all sources of inspiration to young gardeners.

"Spring is definitely here so

we can be seed-sowing and planting in earnest. If you just want to get the children outside do an Easter egg hunt in the garden – there are also Easter holiday activities at all four RHS gardens over the holidays.

"If you're sowing seeds with children, sow something that's going to spark their imagination. Plant flower seeds which children will be excited

'Porcupine' which is an extra spiky pot marigold. There's also cornflower 'Blue Boy' and sunflowers, which everyone loves.

"Nasturtiums are fantastic and make great container plants so you don't need to have a huge

garden, you can just grow them in a window box. Herbs are also great.
"If you're growing veg with

children, have a go with 'Pink Fir Apple' potatoes (a maincrop variety with knobbly pink skinned tubers of butter yellow, waxy flesh) or purple potatoes, purple beans and yellow tomatoes, which will get them interested."

Attracting wildlife into the garden will also engage the children, so help them build

a mini-beast hotel (although autumn can be a better time to do this when wildlife is looking to

A simple bug hotel can be made from a collection of hollow stems packed into a plastic bottle with the end cut off. Several hotels could be placed in different positions such as on the ground among vegetation, fixed on top of a post,



next to a wall, half way up a hedge, in a tree, under a bird table. Grander bug hotels can be made by piling up a variety of materials into a tower, or making a wooden frame with a series of compartments and packing these with different

Remember rotting wood is both a home and source of food for various beetle grubs and a vast army of other mini-beasts, which in turn make a tasty snack for birds, hedgehogs and frogs, so leave an area of the garden wild and build a log

"Children also love worms. If you are working in

the garden let them dig with a trowel and they'll love it. But don't let them chop the worms in

You could also help your children make a bird cake, using fat, good quality wild birdseed, raisins, peanuts and grated cheese. Just leave the fat in a warm place to soften, put the other ingredients into a bowl, chop the fat into small pieces and add to the mixture, mixing it together using fingers or a spoon. Put the mixture into a yoghurt pot to hang from your bird table or roll into balls to place on it.

"We need to get the next generation inspired by gardening," Fowler says.

puzzles

ACROSS

- A way of finding Broadcasting House! (13)
- Ida Logan could make an oblique line (8)
- See 12 Across
- 10. A small flower with a stem twisted round the rooftop (6)
- 12 & 9Ac. Acknowledging the applause, as one on the fiddle is doing! (6,1,3)

 14. Printing type used for the first prayer book? (6)
- 16. Over-ornate style will cause an endless row with two companies (6)
- A figure of the church (4)
- 20. Puts down butchered topsides (8)
- 22. One politely roused won't experience this (4,9)

DOWN

- A handy stabiliser on the flight (8)
- Not having become a member of a union (6)
- One missing from clear diagram (4)
- His artistic work may well be chipped (8)
- Make an assault with a zigzag movement, we

		3	1		7			
9		2		4				7
	4		9			8		
4		7				3	2	9
				2				
1	2	9			3	6		5
							8	
3		8		7		9		6
	7		8		6	1		

crossword

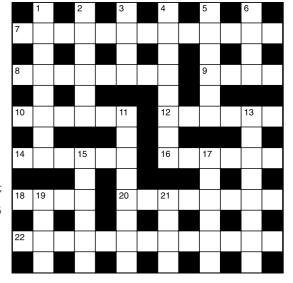
- Note duplicated that's only fair (2-2)
- Reduce the price when European currency is depressed (4,4)
- 13. Poisonous alkaloid made into nice mixture (8)
- A beastly place to eat in France! (6)
- For boxing, protective cover is needed (6)
- 19. Bold take-over by the commanding officer on horseback (4)
- 21. Spear fish (4)

Last week's answers: Across: 1 Cogs; 8 On the way up; 9 Bareback; 10 Duel; 12 Flashy; 14 Drakes; 15 Roland; 17 Fell in; 18 Spot; 19 Mortgage; 21 Court-shoes; 22 Pots. Down: 2 Oxtail soup; 3 Sore; 4 Steady; 5 Peaked; 6 Landrail; 7 Opal; 11 Evening out; 13 Shatters; 16 Damask; 17 Farrow; 18 Sect; 20 Gasp.

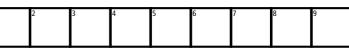
sudoku

Last week's answer:

9	5	7	2	1	6	8	4	3
8	4	2	3	7	5	9	6	1
6	3	1	8	9	4	7	2	5
1	8	9	6	2	3	4	5	7
4	6	5	9	8	7	3	1	2
2	7	3	4	5	1	6	8	9
7	2	8	1	4	9	5	3	6
5	1	6	7	3	8	2	9	4
3	9	4	5	6	2	1	7	8



Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters



The clues

926 785784 12348514 gives an edible root gives vegetables gives other vegetables

Last week's answer: **POULTICES**

Only One Direction Vednesday 16 April 1.00am 2.00

Long Nose Puppets Arthur's Dreamboat

Thursday 24 April • 7.30pm The World's Worst Serial Killers Saturday 26 April • 8.00pm Derek Acorah

In Concert with Haverhill Silver Band

CINEMA

Friday 11 April Tinker Bell and the Pirate Fairy 2D (U) 10.30am £4.00 Philomena (12A) 1.30pm Love Is In The Air (15) 7.30pm Thursday 17 April
The Lego Movie 2D (U) 10.30ar

uments Men (12A) 7.30pn



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Services

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4 Nights Half Board

Vapor Quip

ening hours 10-5 Note 11111 Open 10-15 Note 1111 Open 10-15 Note 11111 Open 10-15 Note 1111 Open 10-15 Note 11111 Open 10-15 Note 11

the **GUIDE**

SATURDAY

BBC₁

6.00am Breakfast. 10.00 Saturday Kitchen Live. 11.30 Mary Berry Cooks, 12,00pm Football Focus 12.45 Saturday Sportsday. 1.00 BBC News; Weather. 1.15 Golf: The Masters – 2014 Highlights. 2.30 Bargain Hunt, 3.30 Escape to the Country. 4.15 Final Score. 5.15 FILM: Shrek the Third (2007). Animated seguel, with the voice of Mike Myers

BBC News; Regional News; Weather. 7 00 Pointless Celebrities. A 1970s-themed edition, featuring DJ Ed Stewart and

Tiswas co-host Sally James, musicians Rick Wakeman and Roy Wood and actresses Anna Karen

7 50 The National Lottery: In It to Win It. New series.

Casualty. A morbidly obese 8.40

man is in need of help 9.30 The Guess List. New series. Celebrity game show, hosted by Rob

BBC News: Weather 10.10 Match of the Day. Including highlights of Fulham v Norwich City: National

Lottery Update.
The Football League Show. 11 50 Including highlights of Queens Park Rangers v Nottingham Forest

1.10am Weatherview. 1.15 BBC

BBC₂

5.00am FILM: From This Day Forward (1946). Drama, starring Joan Fontaine, 6.35 Fred Dibnah's Made in Britain. 7.35 Great British Menu 10.05 The Living Planet. 11.00 Fred Dibnah's Industrial Age. 11.30 Great British Railway Journeys. 12.00pm James Martin: Home Comforts. A selection of meals for one. 12.30 Joan Fontaine: Talking Pictures. An insight into the life of the actress. 1.00 FILM Suspicion (1941). Alfred Hitchcock's thriller, starring Cary Grant. 2.35 FILM: Rebecca (1940). Romantic thriller, with Laurence Olivier. 4.45 Mountain Gorilla. An ageing silverback must care for a vulnerable orphan. 5.45 Flog

6.30 Escape to the Continent. Anita Rani heads to the Paphos district of Cyprus to help a couple find a home, and meets a food producer responsible for one of the island's most famous exports.

7.30

Golf: The Masters – Live. Hazel Irvine presents coverage of the third round of the opening Major of the year at the Augusta National Golf Club in Georgia, where Adam Scott is the reigning champion. Subsequent programmes subject to

12.00am FILM: Catch a Fire (2006). Fact-based drama, starring Derek Luke and Tim Robbins. 1.35 This Is BBC2.

6.00am CITV. 9.25 ITV News. 9.30 FILM: Murder, She Wrote: A Story to Die For (2000), Jessica investigates the death of a Soviet dissident. 11.15 Dinner Date. 12.15pm ITV News and Weather; Weather. 12.25 Countrywise, 12.45 The Crocodile Hunter Diaries. 1.15 FILM: Smokey and the Bandit (1977). Comedy, starring Burt Reynolds. 3.00 The Chase. 4.00 ITV News Anglia; Weather. 4.10 ITV News and Weather. 4 30 Live FA Cun Football Wigan Athletic v Arsenal (Kick-off 5.07pm) 7.15

Britain's Got Talent, New series. Ant and Dec return with a fresh search for the nation's brightest new star as a wide variety of acts try a place in the live semifinals

Amazing Greys. New series. Game show, hosted by Paddy McGuinness and Angela Rippon

9.30 Law & Order: UK. The body of an elderly woman is found at a well-known suicide spot.

The Americans. Elizabeth 10.30 tries to smooth things over with Martha in disquise

ITV News; Weather 11.45 FA Cup Football Highlights Wigan Athletic v Arsena

12.30am Through the Keyhole, 1.25 Jacknot247 3 00 In Plain Sight 3 40

CHANNEL 4

6.30am The Grid. 7.00 Brighton Marathon. 8.00 The Morning Line. 9.00 Frasier. 9.55 The Big Bang Theory. 10.50 How I Met Your Mother. 11.50 The Simpsons. 12.45pm Marvel's Agents of SHIELD. **1.40 Channel 4 Racing.** Live coverage from Ayr and Newbury. **4.10 Come** Dine with Me.

6 25 Channel 4 News 6.55 Lent Diaries. 7.00 **Grand Designs.** Kevin McCloud follows a project near Newbury to construct a modern farmhouse that combines an open-plan party pad with functional spaces below.

8.00 Hostages. Duncan discovers Sandrine's hetraval and uses it to his advantage in an attempt to help his family while Ellen has an important discussion with the first lady

FILM: It's Complicated 9 00 (2009). A divorced couple are reunited at their son's college graduation after 10 vears apart, and begin a secret affair. Romantic comedy, with Meryl Streep 11 15 FILM: Epic Movie (2007).

1 00am FII M: Ashes of Time Redux (1994). Drama, starring Leslie Cheung. 2.35 Hollyoaks. 4.35 SuperScrimpers. 5.05 River Cottage tes. 5.15 Deal or No Deal

Fantasy spoof, starring Ka

CHANNEL 5 6.00am Milkshake! 10.00 Access. 10.05 Can't Pay? We'll Take It Away!: Final Demand, 11.05 FILM: Columbo

The Most Dangerous Match (1973).
Detective drama, with Peter Falk. 12.35pm FILM: Scooby-Doo (2002) Adventure, starring Sarah Michelle Gellar. 2.15 FILM: The Goonies (1985). Adventure, with Sean Astin. 4.25 5 News Weekend. 4.35 Most Shocking Talent Show Moments. Britain's Best Loved

Double Acts. A countdown of the nation's favourite duos from the worlds of TV, film, music, animation and sport, including the Two Ronnies Morecambe & Wise and Ant and De Morecambe & Wise Live!

1973 The duo's performance at Croydon's Fairfield Halls, which was the only one of their stage shows captured on film and has not been aired on television for nearly 30 years.

FILM: The Plank (1967). Comedy with Fric Syke

12.30am FILM: Up the Chastity Belt (1971). Medieval comedy, starring Frankie Howerd, 2.05 SuperCasino 3.35 Running Riot: Britain's Teen Criminals. 4.20 Make It Big. 4.50 The Funky Valley Show, 5.00 Angels of 5.10 Roary the Racing Ca 5.20 Angels of Jarm. 5.25 The Funky Valley Show. 5.40 Roary the Racing



Britain's Got Talent, Saturday,



Britain's Best Loved Double Acts Saturday, Channel 5, 7.15pm



The Crimson Field, Sunday, BBC1, 9pm



Deal or No Deal, Sunday Channel 4, 4,25pm

SUNDAY

BBC₁

* Items under £100. Excludes pets, motor vehicles and trade sales 5 DAY COACH BREAK

6.00am Breakfast. 7.05 Match of the Day. 8.30 Athletics: London Marathon. Live coverage of the 34th staging of the annual event. 2.30pm Sunday Politics. 3.45 Bargain Hunt. 4.30 Escape to the Country, 5.00 Songs of Praise. 5.35 The People's Portrait.

BBC News: Regional News: 7.00

Countryfile. Matt Baker explores the history of shrimping in Southport, Ellie Harrison joins a farming family harvesting Shauna Lowry talks to artist Antony Gormley

8.00 Antiques Roadshow. From the Royal Agricultural University near Cirencester 9.00 The Crimson Field. Joan clashes with Sister Margaret over the

volunteers' responsibilities. 10.00 BBC News; Regional News; 10 25 Match of the Day 2.

Liverpool v Manchester City and Swansea City v Chelsea. The Graham Norton Show 11.25 With Amazing Spider-Man 2

stars Andrew Garfield.

Emma Stone and Jamie 12.10am FILM: Outrageous Fortune (1987). Comedy, starring Bette Midle 1.45 Weatherview. 1.50 BBC News.

BBC2

6.25am FILM: The Westerner (1940). Western, starring Gary Cooper. 8.00 Countryfile. Tom Heap meets Princess Anne at her home, Gatcombe Park in Gloucestershire. 9.00 Gardeners' World, 9.30 The Beechgrove Garden 10.00 Saturday Kitchen Best Bites. Highlights of the series, 11.30 James Martin: Home Comforts. Simple recipes to impress dinner-party quests. Last in the series. 12.15pm MOTD2 Extra. Football discussion with the Match of the Day team; Weather for the Week Ahead. 1.05 FILM: Gypsy (1962). Musical, starring Rosalind Russell and Natalie Wood. 3.25 Coast. The puffins of the Shiant Islands, 3.30 Great Barrier Reef. Creatures that travel thousands of miles to visit the reef. Last in the series. 4.30 Flog It! From Edinburgh. **5.30 Athletics: London Marathon – Highlights.** Helen Skelton presents action from one of the world's most prestigious road races, as elite athletes and fun-runners negotiated the 26.2-mile course. Golf: The Masters – Live.

Hazel Irvine presents coverage of the fourth and final day from the Augusta National in Georgia, where the year's first Major is set to reach a conclusion.
Subsequent programmes subject to change

12.00am FILM: Phantoms (1998) Horror, starring Peter O'Toole, 1.30 Sign Zone: Countryfile. 2.25 Sign Zone: Holby City. 3.25 This Is BBC2.

ITV

6.00am CITV. 9.25 Dickinson's Real Deal. 10.25 FILM: Columbo: Murder. Smoke and Shadows (1989) Drama starring Peter Falk. 12.25pm ITV News and Weather; Weather. 12.30 The Crocodile Hunter Diaries, 1.00 All Star Family Fortunes. 1.45 Big Star's Little Star. 2.40 Britain's Got Talent. 3.55 FILM: Octobussy (1983).

Adventure, starring Roger Moore.

6.25 ITV News Anglia; Weather. 6.30 ITV News and Weather 6.45 Catchphrase. Off Their Rockers. A pensioner attempts a daredevil escape from a care home, Rosemary needs help to locate her

dog and Sonia has a quick nap on a comfy shoulder. Hidden-camera comedy. 8.00 Endeavour. Morse hunts a multiple murderer who is across Oxford, but as the suspect list narrows, he and Thursday find their private lives turned upside down.

10.00 ITV News at Ten and 10.15 The Olivier Awards 2014. Highlights of today's ceremony celebrating

British theatre. 12.00am Premiership Rugby Union 12.50 The Store. 2.35 The Jeremy Kyle Show USA, 4.05 ITV Nightscreen. 5.05 The Jeremy Kyle Show.

CHANNEL 4

6.10am Street Velodrome. 6.40 wood 72nd Members' Meeting. 7 05 How I Met Your Mother 7 55 Everybody Loves Raymond. 8.25 Frasier. 9.30 Sunday Brunch. 12.30pm Secret Eaters. 1.35 The Big ng Theory. 2.05 The Simp 2.35 FILM: Stormbreaker (2006). Spy adventure, starring Alex Pettyfer. 4.25

Deal or No Deal. 5.25 Channel 4 News. 5.45 Lent Diaries. 5.50 FILM: Marley and Me (2008). Comedy starring Owen Wilson and Jennifer Aniston.

8 00 Dirty Weekenders in France with Richard E Grant. The actor takes a trip to France to explore the world of professional antique hunters and dealers who seek out hidden treasures, hoping to find items that will sell in the UK 9 00 FII M: The Three

Musketeers (2011). Premiere, A hot-headed swordsman and a trio of royal guards fight to foil a plan to overthrow the king of France. Swashbuckling adventure, with Logan Lerman and Milla Jovovich

FILM: No Country for Old 11.15 Men (2007). Thriller. starring Josh Brolin.

The Good Wife. 2.20 The Hotel. 3.15 Secret Removers. 4.10 SuperScrimpers, 5.05 Deal or No

6.00am Milkshake! 10.00 Powe Rangers Super Samurai. 10.25 Power Rangers Megaforce. 11.00 FILM: Alpha and Omega (2010). Animated adventure, with the voice of Justin Long. 12.40pm FILM: Winnie the Pooh (2011). Animated adventure, with the voice of Jim Cummings. 1.50 FILM: Surf's Up (2007). Animated

CHANNEL 5

comedy, with the voice of Jeff Bridges 3.25 FILM: Chicken Little (2005). Premiere. Disney animated adventure with the voice of Zach Braff. 4.55 FILM: Oliver & Company (1988). Premiere, Animated adventure, with the voice of Joey Lawrence

5 News Weekend FILM: Spider-Man 3 (2007). Superhero sequel 6.30

starring Tobey Maguire FILM: Grown Ups (2010) Premiere. Five friends attend the funeral of their basketball coach, and decide to relive their childhood over a weekend at a lake house. Comedy, with Adam Sandler.

FILM: The Goonies (1985). starring Sean Astin

1.15am Police Interceptors. 2.05 SuperCasino. 3.35 The Nightmare Neighbour Next Door. 4.20 Make It Big. 4.50 The Funky Valley Show. 5.00 Angels of Jarm. 5.05 Roary Racing Car. 5.20 Angels of Jarm. Roary the 5.25 The Funky Valley Show. 5.40 Roary the Racing Car.

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WEEKLY NEWS

PROPERTYNEWS

April 10, 2014

The area's number one for property for sale and to rent



Feature Homes - page 42

What's hot on the property market



Samuel's



Freehold shop offering: generous retail area/office of approximately 35 5 x 18 2. To the rear the property benefits from a kitchen, separate WC and door to separate courtyard area.





Well presented terraced house situated close to town and offering; lounge, re-fitted kitchen/diner, family bathroom, three bedrooms, UPVC double glazed windows & doors, as fired central heating, front and rear gardens. No onward chain. Viewing highly recommended. EPC rating: D, 62.



Terraced family house situated on the popular Cambridge side of town and located in a pleasant cul-de-sac location looking over a green. The property offers lounge/dining room, kitchen, two bedrooms, bathroom, UPVC double glazing, g/f c/h, enclosed rear garden and two allocated parking spaces. No onward chain.





Well presented end of terrace family house offering: g/f shower room, bedroom four, lounge, kitchen/dining room and cloakroom to the first floor. To the second floor there's three bedrooms and a family bethroom. There is also the added benefit of UPVC double glazzing, g/f

ed rear garden and garage & casual parking. EPC rating: D,



Grade II listed cottage offering character accommodation comprising: lounge, dining room, fitted kitchen, three bedrooms, gf c/h, attractive open fire to the lounge, farmland views to the front and rear elevations. No Onward Chain. EPC rating: D, 67



Extended semi detached family house offering: re fitted g/f cloakroom, lounge/dining room, re fitted kitchen/breakfast room, UPVC conservatory, three bedrooms, re fitted bath/shower room, UPVC double glazing, g/f c/h to radiators, un-overlooked rear garden and garage & driveway providing off road parking.





Spacious detached family house offering: g/f cloakroom, lounge, dining room, fitted kitchen & utility room, five bedrooms, ensuite, family bathroom, UPVC double glazing, g/f c/h, enclosed rear garden, double garage & ample casual parking. EPC rating D, 66





Much improved and extended family home. Lounge, dining room, ground floor cloak/shower room, refitted kitchen/breakfast roomand five bedrooms and family bathroom to the first floor. EPC rating D, 56



Detached cottage offering g/f cloakroom/shower room, lounge, garden/dining room, kitchen/breakfast room, study, three bedrooms, en-suite, family bathroom, oil fired central heating, garden, garage & driveway. EPC Rating D, 60



Well presented extended end of terrace townhouse offering: g/f cloakroom, kitchen, lounge, conservatory/dining room, four bedrooms with en-suite shower room to master, family bathroom, UPVC double glazing, g/f c/h to radiators, front & rear gardens and driveway providing off road parking. EPC rating: C, 79.









Samuel's





























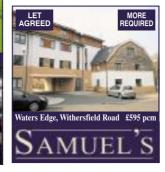












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UNRIVALLED COVERAGE AROUND HAVERHILL









£289,950 Haverhill

SALE AGREED, SIMILAR PROPERTIES URGENTLY REQUIRED







Haverhill £149,950

SALE AGREED IN ONE DAY, SIMILAR PROPERTIES URGENTLY REQUIRED







Haverhill £152,950

SALE AGREED IN ONE WEEK, SIMILAR PROPERTIES URGENTLY REQUIRED



Sturmer

£335,000

A generous detached period house offering a wealth of character throughout situated in the well regarded village of Sturmer. The property benefits from spacious living accommodation, three reception rooms, master bedroom with en-suite.

















Haverhill

A beautifully presented and spacious family dwelling located on the edge of the well regarded Boyton Hall development. These properties are well known for benefiting from generous living space, four double bedrooms, two reception rooms and an attractive landscaped rear garden.



We urgently require more properties to sell Suprisingly competitive fees













Calford Green £250,000

Haverhill

A spacious two bedroom detached former chapel nicely situated along a private private gravelled track in the small hamlet of Calford Green.

A well presented two bedroom semi detached property benefiting from kitchen / breakfast room, conservatory, pleasant rear garden, single garage and generous

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UNRIVALLED COVERAGE AROUND HAVERHILL









Haverhill £220,000

A substantial 5 bedroom town house with 4 bath/shower rooms in a commanding position overlooking the town.







£189,950 Havwrhill

Nicely situated at the head of pleasant cul de sac is this popular three bedroom detached family house with generous and overlooked rear gardens.















Castle Camps £450,000

A deceptively spacious detached house that has been sympathetically extended to provide well proportioned and versatile accommodation over two floors.

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Haverhill £239,950

A well positioned and extended four bedroom detached property in a cul-de-sac location on the well regarded Wilsey development.

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Hazel Stub

An outstanding and extremely well planned barn conversion located in a Small rural development within a 5 minutes drive of Castle Camps.

Steeple Bumpstead £350,000

An extremely well presented four bedroom detached property occupying a secluded position within this popular residential area in the well served village.

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FEATURE PROPERTY







Helions Bumpstead

A truly stunning, recently built four bedroom detached executive style home, situated in an elevated postion enjoying panoramic views over rolling countryside. (EPC Rating B)



Internal viewing strongly advised







1 Copy Hill

Is a substantial four bedroom detached executive family home built by the present owners around three years ago. The property enjoys spacious living accommodation and lies on an elevated plot enjoying views over open countryside. The property has been designed and finished to a traditional style and benefits a number of outstanding features including a truly stunning sun lounge with a vaulted ceiling and roof lantern that takes full advantage of the lovely views to the rear. The property still has further potential for expansion with two loft rooms remaining the property of the lower potential for expansion with two loft rooms remaining. unconverted (stp)An internal viewing is strongly advised to fully appreciate the space, unique design features and exceptional finish.















Haverhill £210,000

Bychoice are delighted to offer this fantastic renovated 2 bedroom detached bungalow. The property benefits from integral garage, well presented rear garden & conservatory. Internal viewing is highly

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£200,000

Haverhill





Haverhill £125,000

Bychoice are delighted to offer this 3 bedroom maisonette on the popular Clem Development. This property is presented in immaculate order & would make an ideal first time buy or investment. NO ONWARD CHAIN.

proximity to the town centre. The property has been refurbished throughout & benefits from off street parking, large sunny rear garden. NO ONWARD CHAIN

Guide Price £200.000 - 215.000. A 2 bedroom semi detached b

n wen presented detacrised 4 begroom property situated on the ever popular Poppyfields development. The property benefits from UPVC double glazing, gas fired radiator central heating, fitted kitchen with built in appliances & detached double garage.

Haverhill Office - 01440 768919

£275,000











Haverhill

Haverhill





£280,000 STAMP DUTY PAID BY VENDOR. Bychoice are delighted to offer this rarely available 4 bedroom detached house with double garage in small private close off Shetland Road. The property boasts lots of potential & would provide an ideal family home. Viewing is essential.





OIEO £280,000

Bychoice are delighted to offer this well presented 4 bedroom semi detached house in the much sought after village of Linton. The property has been significantly extended to add a second reception room as well as additional bedroom upstairs. NO ONWARD CHAIN.

Haverhill Office - 01440 768919

Bychoice are please to offer this fantastic individual 4 bedroom detached house in the heart of Haverhill. The property has many feature & benefits from spacious living accommodation, 4 well proportioned bedrooms with ensuite to master & second bedrooms, garage & south facing garden. (EPC - C)

Haverhill Office - 01440 768919









Little Yeldham OIEO £340,000

A well presented 4 double bedroom detached house situated within the popular village of North End. The property benefits from a modern fitted kitchen, separate dining room, lounge, study, ensuite to master bedroom & family bathroom. Outside there is a patio area, garden, garage & additional parking.

Clare Office - 01787 278890





Clare Office - 01787 278890













The Street

Grade II Listed cottage. The property still retains some character features as v modern fitted kitchen & bathroom, 2 bedrooms & an enclosed courtyard. NO ONWARD CHAIN.

Ridgewell

£189,995 A deceptively spacious & wen presented 3 storely victorian cottage, sincared in prominent position overlooking the village green. The property benefits from 3 double bedrooms, a modern fitted kitchen, good sized rear garden, garage & retains character features. NO ONWARD CHAIN.

Clare Office - 01787 278890

£190,000 Poslingford

3 Bedroom semi detached house. Benefitting from a 25ft lounge/diner, fitted kitchen, bathroom, good sized bedrooms & gardens. Potential to extend (stp). NO ONWARD CHAIN.

Clare Office - 01787 278890

















Stoke By Clare

£217,000 A 3 bedroom semi detached house set on a generous sized plot & quiet cul de sac within the popular village of Stoke By Clare. Potential to extend (stp). NO ONWARD CHAIN.

Clare Office - 01787 278890

Poslingford

A well presented & much improved 2 bedroom period cottage set within the popula village of Poslingford. Retaining many original features & boasting sympathetic additions, to include a Heritage conservatory. Off road parking can be found at the side, along with a cottage style garden to the rear. (EPC - D)

Clare Office - 01787 278890

A 4 bedroom detached house situated on the popular Heights development, just a short walking distance from Clare town & all the amenities available. Benefitting from a 22ft bunge/diner, kitchen and separate dining room, downstairs WC, garage & garden at rear. Offers subject to a 28 day exchange.

Clare Office - 01787 278890

£255,000

Clare









Haverhill £245,000

Bychoice are delighted to offer this well presented 4 bedroom link detached house on the popular 'Arrendene Development'. The property benefits from fitted kitchen, separate lounge & dining rooms & 4 generously sized bedrooms. There is also a garage & off street parking.

Haverhill Office - 01440 768919





Haverhill Office - 01440 768919









Withersfield

£350,000

Bychoice are delighted to offer this well presented 4 bedroom 3 reception house in the much sought after village of Withersfield. The property has been renovated to an exceptionally high standard & offers wonderful views of the Suffolk countryside. Internal viewing is highly recommended. NO ONWARD CHAIN.

Castle Camps

OIEO £375,000

n getached Grade II listed cottage offering a wealth of character & set in large gardens next to the village green. The property has recently been re-thatched & also benefits from many character features including large inglenook fireplace & an abundance of exposed timbers. (EPC - E)

Haverhill Office - 01440 768919

£309,995

A unique 3 double bedroom detached bungalow in the sought after village of Kedington. The property benefits from a country style fitted kitchen/diner, lounge, sunroom, 2 ensuites & mature garden which wraps around the side & rear. (EPC- I)

Clare Office - 01787 278890

















Tilbury Juxta Clare

£325,000

A deceptively spacious 3 bedroom detached house set within the popular village of Tilbury Juxta Clare & enjoying countryside views immediately to the front. Benefitting from a lounge & separate dining room, kitchen breakfast room & utility, ensuite to master, garden, garage & off road parking.

Clare Office - 01787 278890

Pentlow

Clare Office - 01787 278890

£375,000

A rare opportunity to purchase a residential & part commercial property occupying a prominent position within the centre of the thriving town of Clare. NO ONWARD CHAIN.

Clare Office - 01787 278890

£500,000









Lavenham £1,100 pcm

Available April - Unfurnished. Bychoice are delighted to offer this good size 5 bedroom detached home in a cul de sac within the ever popular village of Lavenham. The property benefits from an entrance hall, kitchen, lounge, dining room, conservatory & gardens. Viewing is highly recommended. (EPC - D)

Sudbury Office - 01787 468408

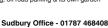




Upper Layham

£450 pcm

Available Now Furnished. A newly converted & self contained studio flat situated Upper Layham, a short distance from Hadleigh & with easy access to the A12. The property benefits from gas fired central heating, off road parking & its own garden area







£550 pcm Hadleigh

Available Now - Unfurnished. Bychoice are pleased to offer this 2 bedroom semi detached cottage located on the edge of town. The interesting property enjoys a pretty rear garden, first floor bathroom & off road parking. Call now for more information or to arrance a viewing.

Sudbury Office - 01787 468408







£650 pcm Lavenham

Available Now - Unfurnished. A beautifully renovated 2 bedroom first floor flat on Lavenham High Street. Benefits include lounge, study, kitchen breakfast room & refitted bathroom.

Sudbury Office - 01787 468408





£695 pcm Sudbury Available May - Unfurnished. Bychoice are pleased to offer this 3 bedroom family home in Sudbury. The property benefits from a kitchen diner, downstairs WC, single garage & gas central heating.

Sudbury Office - 01787 468408





£750 pcm Available April - Part Furnished. A deceptively spacious 2 bedroom cottage located just off the Market Place in Lavenham. Benefits include large lounge dining room, kitchen, garden room/conservatory, ground floor WC, first floor bathroom & beautiful courtyard front garden.

Sudbury Office - 01787 468408







Hadleigh

Available Now - Unfurnished. Bychoice are pleased to offer this modern 4 bedroom detached house situated in a sought after residential area of Hadleigh. The property is smartly presented throughout & accommodation includes conservatory, ground floor WC & ensuite shower room.

Subdury Office - 01787 468408

£1,100 pcm

DAVID BURR

HUNDON

Newmarket 13 miles - Cambridge 24 miles



A substantial detached period style home situated on the outskirts of the village. Reception hall, drawing room, dining room, kitchen/breakfast room, snug/study, 5 bedrooms (1 en suite), family bathroom and shower room. Swimming pool, double garage. Equestrian facilities. In all about 4 acres

Guide £925,000

EPC Rating: D

BAYTHORNE END

Haverhill 4 miles - Saffron Walden 14 miles



A substantial detached barn conversion situated in a quiet, tucked away location. Reception hall, dining area, drawing room, sitting room, study/playroom, kitchen/breakfast room cloakroom, 4 bedrooms (1 en suite) and shower room. Double garage and annexe/offices. In all about 0.27 of an acre.

Guide £595,000

EPC Rating: D

STAMBOURNE

Haverhill 8 miles - Saffron Walden 14 miles



A charming Grade II Listed property displaying many character features. 3 receptions, kitchen/breakfast room, utility, cloak/shower room, 4 bedrooms, family bath/shower room. Party barn annexe, double garage. In all about 1.4 acres

Guide £695,000

CLARE

Haverhill 9 miles - Sudbury 8 miles



A charming detached 18th Century cottage situated in a semi rural location.

2 reception rooms, kitchen/breakfast room, utility, cloakroom,

5 bedrooms, shower room, bath room, double garage. In all about 0.6 of an acre

Guide £600,000

DENSTON

Haverhill 10 miles - Bury St Edmunds 11 miles



An attractive period style home situated in a quiet semi rural location. 2 receptions, kitchen/breakfast room, utility, cloakroom, 4 bedrooms and family bathroom. Garage and parking. In all about 0.33 of an acre

Guide £465,000

EPC Rating: D

RIDGEWELL

Haverhill 5 miles - Cambridge 25 miles



ndid Grade II Listed property providing a wealth of charac tures. Sitting room, dining room, re-fitted kitchen in 2012, 4 bedrooms, shower room and bathroom. Garage and garden.

Guide £350,000

WIXOE

Haverhill 4 miles - Clare 4 miles



A spacious semi detached cottage situated in a quiet village location. 2 reception rooms, kitchen/family room, utility, cloakroom, 4 bedrooms (1 en suite), family bathroom, double garage. In all about 0.2 of an acre.

Guide £325,000

EPC Rating: E

EPC Rating: E

STOKE BY CLARE

Haverhill 5 miles - Cambridge 25 miles



charming detached Victorian single storey cottage in a popular village location. Sitting room, kitchen, conservatory, bedroom and shower room. Walled garden to the rear and pretty front garden.

Guide £235,000

EPC Rating: TBA

www.davidburr.co.uk - Clare (01787) 277811

01440 768668 www.morrisarmitage.co.uk

HAVERHILL £240,000

SOLD



SOLD SUBJECT TO CONTRACT
A superbly renovated two bedroom bungalow with no onward chain. South facing rear garden and garage. Vacant possession.

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OFFICES IN HAVERHILL AND KEDINGTON

HAVERHILL £199.995

SOLD



SOLD SUBJECT TO CONTRACT WITHIN 24 HOURS. A three bedroom detached family home with off road parking, single garage and a recently landscaped rear garden.

STANSFIELD £459,950







This well presented detached family home has been extended to create spacious accommodation to include a lounge, kitchen/diner, dining room, utility room, study, conservatory, cloakroom, four double bedrooms with two en-suites and a family bathroom. Large driveway and car port.

BIRDBROOK £285,000







This Edwardian family home located in Birdbrook which lends itself to be extended and benefits from landscaped front, side and rear gardens. Accommodation to include a lounge, dining room, kitchen, ground floor bathroom/wet room, conservatory and three first floor bedrooms.

STEEPLE BUMPSTEAD £229,500



A great opportunity to purchase this three bedroom detached bungalow located in the sought after village of Steeple Bumpstead. Single garage and a low maintenance rear garden.

HAVERHILL £296,995 FROM



Bloor Homes have released plot 29 the Hamilton. PLEASE CONTACT MORRIS ARMITAGE ON 01440 768668 FOR MORE INFORMATION. September/October completion.

HAVERHILL £149,950



This extended three bedroom mid terrace family home on the popular Clements Development. Ideal for a first time buyer or potential investment property with a rental income of £725pcm.

01440 768668

www.morrisarmitage.co.uk

HAVERHILL £310,000



HAVERHILL £255,000















We are delighted to offer for sale this superbly presented four bedroom executive style detached family home located on the popular Strawberry Fields development.

A well presented four bedroom detached family home located on the Cambridge side of town. Detached garage, driveway and front and rear gardens.

KEDINGTON £165,000





 $A \ extremely \ spacious \ end \ of \ terraced \ family \ home \ located \ in \ the \ sought \ after \ village \ of \ Kedington. \ The \ village \ boasts \ many \ local \ family \ home \ located \ in \ the \ sought \ after \ village \ of \ Kedington.$ amenities to include a large well stocked village store, a family run butchers, a post office, a well regarded village school, public houses and a regular bus service. Good size accommodation to include a lounge, kitchen/diner, three bedrooms and a family bathroom. Single garage, front garden and a fully enclosed rear garden. Viewing is highly recommended.

WICKHAMBROOK £185,000







SOLD SUBJECT TO CONTRACT FOR OVER ASKING PRICE

This three bedroom semi-detached family home set on a huge plot of land and located in the rural village of Wickhambrook. Due to the size of the plot the property lends itself to be extended. Also to the front of the property a double garage and driveway would be a great addition. The rear garden is in excess of 120 feet and would benefit from been landscaped.

HAVERHILL £700 PCM



A great opportunity to rent this three bedroom family home on the Chimswell development. Ideally located for local schools, shops and the bus route to the City of Cambridge. Available end of April 2014. Viewing is recommended.

SHUDY CAMPS £850 PCM



NOW LET This delightful two bedroom cottage located in the sought after village of Shudy Camps. Fully enclosed rear garden and driveway leading up to single car port.

STEEPLE BUMPSTEAD £950 PCM



Available to rent is this detached property located in the village of Steeple Bumpstead. Good sized accommodati include a lounge, kitchen, dining room, cloakroom, four bedrooms, family bathroom and off road parking.

MORRIS ARMITAGE HAVERHILL

PROPERTIES URGENTLY REQUIRED FOR AWAITING TENANTS

INSTRUCT US TODAY AND TAKE ADVANTAGE OF OUR COMPETATIVE **MANAGEMENT FEES** OR **OUR TENANT FIND SERVICE**

BURWELL KINGS LYNN **NEWMARKET CAMBRIDGE HAVERHILL KEDINGTON DOWNHAM MARKET**

LET

Estate Agents, Valuers & Letting Agents 01440 707976

teamprop.co.uk rightmove.co.uk



CAMPS ROAD

A RENOVATED AND SUPERBLY PRESENTED FIRST FLOOR APARTMENT, LOCATED WITHIN THE TOWN CENTRE AND TO BE SOLD TO INVESTORS ONLY WITH TENANT IN SITU

- 2 Bedrooms Lounge/dining room Kitchen

- Secure entrance hall
 Allocated parking space
 EPC grade C

£128,950



COPELLIS CLOSE

A TERRACED HOME LOCATED ON THE POPULAR BOYTON HALL DEVELOPMENT, BENEFITING FROM GARAGE AND AMPLE PARKING, OFFERED WITH NO ONWARD CHAIN

- 1 Double bedroom
- Double glazed
- Kitchen/breakfast room
 - Gas central heating
 - Garage

£129,995



HELIONS PARK AVENUE

A HIGHLY DESIRABLE, TERRACED PROPERTY LOCATED IN ONE OF HAVERHILL S PRIME CENTRAL LOCATIONS, IN NEED OF UPDATING WITH A LARGE REAR GARDEN

- 2 Bedrooms• Part double glazed• Kitchen and utility room • Large bathroom• Garage• No onward chain



KEDINGTON

A DECEPTIVELY SPACIOUS FAMILY HOME WITH WELL LAID OUT ACCOMMODATION, PRESENTED TO A GOOD STANDARD AND LOCATED IN A POPULAR CUL DE SAC

- 3 Good size bedrooms• Double glazed Modern kitchen/diner
 - Refitted bathroom• Cloakroom• Garage to rear



FASTNET CLOSE

A SUPERBLY PRESENTED
DETACHED FAMILY HOME,
WHICH HAS BEEN EXTENDED
AND RENOVATED IN RECENT
TIMES AND IS NICELY TUCKED
AWAY IN THE CUL DE SAC
WITHIN THE POPULAR WILSEY
DEVELOPMENT

- 3 Bedrooms
- Double glazed
- Lounge/dining room
- Lean to conservatory
 - Cloakroom
- South facing rear garden

£205,000



A DECEPTIVELY SPACIOUS END TERRACED HOUSE STANDING IN GOOD SIZE GARDENS ADJOINING SCHOOL PLAYING FIELDS IN AN END CUL DE SAC POSITION, GENERAL UPDATING REQUIRED

3 Bedrooms
 Lounge
 Dining room
 Cloakroom
 No onward chain
 EPC grade E

£129,950



KEDINGTON

A WELL PROPORTIONED AND SPACIOUS FAMILY HOME, LOCATED ON THE POPULAR WESTWARD DEALS DEVELOPMENT, OFFERED WITH NO ONWARD CHAIN, AND WOULD BENEFIT FROM SOME UPDATING

• 3 Bedrooms• Double glazed• Kitchen/dining room • Garage to rear





A CHARMING SEMI DETACHED COTTAGE, BENEFITTING FROM EXPOSED BEAMS AND INGLENOOK FIREPLACES

- 2 Double bedrooms
- Double glazingElectric heating
- Small garden
- GarageEPC grade F

£192,500



Email: haverhill@balmforth.co.uk 12 High Street, Haverhill, CB9 8AR

Balmforth

Estate Agents, Valuers & Letting Agents 01440 707976

teamprop.co.uk rightmove.co.uk



COUPALS CLOSE

A DETACHED FAMILY HOME WITH VERSATILE ACCOMMODATION OF 1522 SQ FT SPREAD OVER TWO FLOORS, WITH DECEPTIVELY SIZED GARDEN AND TUCKED AWAY WITHIN THIS SMALL CUL DE SAC

- 2 Bedrooms on ground floor3 Bedrooms, 1 ensuite on 1st floor
- · Kitchen breakfast room
- Utility room
 Ground floor bathroom & WC
 EPC grade D

£259,995



KINGFISHER CLOSE

A GROUND FLOOR FLAT, WHICH HAS SPACIOUS ACCOMMODATION OF OVER 700 SQ FT, LOCATED ON THE POPULAR BIRDLANDS DEVELOPMENT AND OFFERED WITH NO ONWARD CHAIN

- 2 Double bedrooms
- · Double glazing
- Lounge/dining room
- · Secure entry system
 - EPC grade D

£115,950



HALES BARN ROAD

AN IMMACULATELY PRESENTED PROPERTY LOCATED ON THE CAMBRIDGE SIDE OF TOWN WITH OVER 630 SQ FT OF ACCOMMODATION SPREAD OVER TWO FLOORS

2 Double bedrooms, ensuite to master* Kitchen/dining roof-tegral kitchen appliances* Cloakroom* Allocated parking to rear-EPC grade C
 £166,950

CASTLE WALK A IMMACULATELY AND SUPERBLY PRESENTED LINK SEMI DETACHED HOUSE WHICH HAS BEEN UPDATED IN RENTED TIMES AND BENEFITS FROM WELL LAID OUT ACCOMMODATION

• 2 Bedrooms• Kitchen/dining room• Cloakroom • South facing rear garden• EPC grade D



SHARDLOW CLOSE

AVAILABLE EARLY MAY

An unfurnished mid terraced modern house offering lounge, kitchen, two bedrooms, bathroom, garden and parking. EPC grade C

£625 PCM *



WATERS EDGE

AVAILABLE NOW

A well presented top floor apartment with accommodation comprising an open plan lounge and modern kitchen, bedroom and bathroom, residents parking. Secure entry to building.

EPC grade C

£550 PCM *



BLENHEIM CLOSE

THIS SUBSTANTIAL DETACHED FAMILY RESIDENCE, HAS ACCOMMODATION MEASURING 1565 SQ FT SPREAD OVER TWO FLOORS AND IS LOCATED IN ONE OF HAVERHILL S SOUGHT AFTER CUL DE SACS IN A NON ESTATE LOCATION

- 4 Double bedrooms
- Double glazed3 Reception rooms
- Cloakroom
- Garage and parkingEPC grade D

£415,000



Email: haverhill@balmforth.co.uk 12 High Street, Haverhill, CB9 8AR PROPERTYNEWS

Coverproperty

Charming period-style house Denston: £465,000

- Constructed in the 1970s
- Period-style
- Lower Green, Denston
- Four bedrooms
- £465.000





6 Helions Park Grove, Haverhill, Suffolk, CB9 8BP.

Abbotts Estate Agents acting in the sale of the above property and have received a offer of £145,000. Any interested parties must submit any higher offers in writing to the sellers before an exchange of contracts takes place. EPC rating: E

Abbotts Haverhill 01440 702575

detached period-style home constructed in the late 1970s, in Lower Green, Denston, that is now on the market with an asking price of £465,000, it has accommodation including a triple aspect drawing room with Inglenook-style fireplace, a dining room, a kitchen/breakfast room, utility room and cloakroom. The first floor has four bedrooms and a family bathroom. Outside there is a gravel driveway with parking, a single garage and mature lawned gardens with a raised terrace, beds and borders, trees and shrubs including a weeping willow leading down to a stream.
To arrange a viewing, call David Burr's
Clare office on (01787) 277811.

LADIES Garden is a four-bedroom







Preview Property Services

Residential Lettings & Management





Hall Farm House, Kedington £1,200pcm

PROPERTY ADVERTISED, VIEWED AND LET AGREED WITHIN 24 HOURS. WE URGENTLY REQUIRE MORE PROPERTIES.

Property Now LET



Meadowsweet Close, Haverhill £650pcm

PROPERTY ADVERTISED, VIEWED, AND LET URGENTLY REQUIRE SIMILAR PROPERTIES.

Coral House, Haverhill £595pcm

Modern two bedroomed first floor flat close to bedrooms, bathroom, private parking space, no pets allowed, EPC band: C.

CALLING ALL LANDLORDS!!

We urgently require 1, 2 and 3 bed properties for waiting tenants.

Please come in to discuss with us your future investment. our advice is always free!



Property Now LET



Burton End, Haverhill £625pcm

Victorian two bed mid terrace house close to the town centre and local amenities. Cosy lounge, open plan kitchen/diner, downstairs bathroom, two double bedrooms, large garden, EPC band: D.

previewproperty.co.uk



Newly re decorated three bed family home on the Cambridge side of town. Lounge, kitchen/diner, two double bedrooms and one single, bathroom, rear garden, off road parking, EPC band: D.

Property Now LET

Elmdon Place, Haverhill £720pcm

Newly re decorated and refurbished three bed mid terrace house on the Chalkstone Estate. Open plan kitchen/diner, downstairs office/study, lounge, downstairs cloakroom, two doubles one single, bathroom, rear garden.

Email: ppslettings@btconnect.com

6b High Street, Haverhill

Non optional fees are always the same and apply to each tenant equal to £75 inclusive VAT







Your Local Agent







£162,500

Woods Close £350,000

5 bedroom executive detached home in the sought after village location of Sturmer, just a short distance from the market town of Haverhill. Offering light and spacious accommodation. The property's many features include a double garage and hot tub in the rear garden. There is gas fired radiator heating and double glazed windows throughout. Must be viewed to be fully appreciated. **Old Clements Lane**

A charming two bedroom extended Victorian property. Situated in a rarely available location within walking distance of the town centre and the recreation ground. The properties many noteworthy features include, uPVC double glazing and gas fired radiator heating. Offered for sale with no onward chain will make an excellent investment purchase or first time buy.







High Street £350,000

A rare opportunity to purchase an Early 17th Century Grade II listed home Boasting a wealth of period features such as exposed timbers and beams, Inglenook and Victorian fireplaces to name just a few. Accommodation comprises 2 reception rooms, Kitchen, 3 double bedrooms, family shower room, and additional cloakroom/W.C

Sperling Drive £280,000

An attractive detached modern home occupying a corner plot within this sought after residential location. The property is beautifully presented and provides accommodation comprising: entrance hall, cloakroom, sitting room, dining room, study, kitchen/breakfast room, master bedroom and

£135,000



Moneypiece Close

OIEO £235,000

Family home situated on the ever popular Hales Barn estate. Accommodation comprises 4 Bedrooms, Lounge, Dining room and Family room fitted kitchen.



A rarely available three bedroom end of terrace house on Withersfield Road, with the unusual benefit of off-road parking.



Boxford Court

A beautifully presented 3 bedroom family home situated in Haverhill. Features include re-fitted kitchen/breakfast room, Ground Floor bathroom, first floor shower room.



£150,000

A Victorian town houseoffering versatile accommodation across 3 floors, comprising 3/4 bedrooms, 2 reception rooms, fitted kitchen, utility room, and courtyard garden to rear.

www.cxgonline.co.uk

01440 712216

£159,995

property@cxggroup.co.uk













Please call Jodie for your free market appraisal



RIDGEWELL

- Detached family house
- Well regarded village of Ridgewell
- Re-fitted kitchen
- Spacious lounge
- Dining room
- Conservatory
- Four bedrooms
- Double garage
- Corner plot with ample parking
- EPC Rating 'E'

Don't just take our word for how good we are!

We would like to thank Jodie from Kevin Henry for all her help, patience and understanding with our recent purchase of our first home, nothing was too much trouble!

Kevin Henry were a great team and all helped where possible. Jodie, personally, went over and above our expectations of an estate agent so all in all we were very, very satisfied with the service.



HAVERHILL

£365.000

- An executive modern detached family home
- 5/6 Double bedrooms
- 23' x 15'1" Spacious lounge
- Well equipped Kitchen breakfast
- Master bedroom with en-suite bathroom
- Single integral garage and parking Fully enclosed south facing rear garden
- No onward chain and must be viewed
- EPC Rating 'C'



HAVERHILL

£300,000

- Hanchett Grange development
- Beautifully presented
- Dual aspect lounge
- Re-fitted kitchen
- Dining room
- Four bedrooms
- En-suite to master
- Integrated garage
- Summer House
- EPC Rating 'D'



- Well presented modern property Three bedrooms En-suite Kitchen/diner

Haverhill: 01440 840043 Mobile: 07793012858 jodie@kevinhenry.co.uk Saffron Walden: 01799 513632 www.kevinhenry.co.uk



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www.haverhillweeklynews.co.uk/drive

'Whisper diesel' at Murketts

MURKETTS Vauxhall is inviting locals to keep an ear out for Vauxhall's new generation 1.6-litre CDTi engine... but they might not hear it!

Dubbed the 'Whisper Diesel', this super-smooth powertrain from the manufacturer is best-in-class in noise and vibration generation and offers outstanding fuel economy.

The 1.6 CDTi is also Vauxhall's cleanest ever mid-size diesel and is now available to order from the retailer, with sites in Cambridge and Huntingdon, in the top-selling Astra.

Previously only available on the Zafira Tourer and the Meriva models, the new 1.6 CDTi engine is now able to enhance the Astra's appeal in the latest wave of refinements to Vauxhall's significantly refreshed powertrain line-up.

Peter Milner, general sales manager at Murketts Vauxhall, comments: "The addition of this new engine to the Vauxhall Astra line up is, unlike the engine itself, not something we wish to keep quiet!
"Already Euro 6-compliant, it is both

muted and refined thanks to an efficient combustion process with multiple injection, re-designed components and the use of acoustic covers. You could say that one thing customers will be able to hear is the

Available in 110PS and 136P power outputs, the highly acclaimed new engine is clean and powerful too, and is offered in both the Astra hatchback and Sports Tourer body styles, as well as in Meriva and Zafira Tourer models. The 110PS version achieves a competitive 76.3mpg combined with a low CO2 emission of just 97g/km, and 72.4mpg combined and 104g/km in 136PS variant.

On-the-road prices for the Astra 5-door hatchback with the 1.6CDTi 16v engine start at £17,735 for the 110PS and £18,330 for the 136PS. Meanwhile the Astra Sports Tourer with the 1.6CDTi 16v engine starts at £18,755 for the 110PS and £19,350 for the 136PS.

All new Vauxhall models offer peace of mind long after their new purchase too, thanks to the manufacturer's industry-leading Lifetime Warranty. Available to the first owner of all new Vauxhall cars, the warranty is valid for the lifetime of the vehicle up to a maximum of 100,000 miles.

The Vauxhall Astra with the 1.6 CDTi is available to order now from Murketts Vauxhall, with first deliveries expected from April 2014. The engine can also be ordered now on the Zafria Tourer and Meriva models



SWEET: The Vauxhall Astra 1.6-litre CDTi



STUNNING: Evocative new design for Cambridge-based Lister Motor Company's website

New website for revitalised Lister

THE Lister Motor Company is proud to announce the unveiling of its brand new website. The site has been launched today to celebrate the car manufacturer's 60th anniversary, and to coincide with the first Lister Jaguar 'Knobbly' to roll off the production line in over 20 years.

The new site can be found at the existing URL lister-cars.com and is sure to get pulses racing with its well balanced mix of unique design and traditional values. Focus is on the company's roots in Cambridge, while incorporating brand-ing from the original 1950s Lister racing company, as well as the more recent Lister Storm era of the 80s,

90s and noughties.
Racing and motoring enthusiasts are given access to a plethora of mouthwatering imagery, as well as insight in to the history of the company and latest news. One of the main elements of the site describes the Lister 'Knobbly' in tremendous detail, with Lister building 10 of these astoundingly beautiful cars in the coming months. Those interested in buying a 'Knobbly' can request delivery of the official brochure directly through the

homepage. Lawrence Whittaker, CEO of the Lister Motor Company, said: "I just love how the site captured everything that the Lister brand repre-

sents. We have here a website that matches the authenticity, history and prestige of Lister perfectly. 2014 is a big year for us as we celebrate our 60th anniversary and complete the first 'Knobbly', and 2015 will be even bigger as it will be 125 years since Lister first graced British manufacturing. It is a credit to the company to have been a constant for so long, and we are immensely proud to be part of something so spe-

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01440 712<u>34</u>4



Time to give your car a bit of carjazzle!?

CAJAZZELING is the latest trend to hit our

Following the vajazelling craze made famous by the cast of TOWIE, it seems that the fashion statement is inspiring car owners up and down the country.

Approvedgarages.co.uk has warned that there is a serious and worrying shortage of stick-on gems in the UK due to the high demand of its

customers requesting cajazzeling services.

The network estimates it could see up to 600 owners booking the personalised cars decorating service in the next 24 hours.

Bespoke designs for your car range from flowers and hearts or more hard core tattoo styles and you can even have your name or business emblazoned across the front in brightly coloured crystals. And to complete the girly look eyelashes can be added to headlights with crystal eyeliner.

For more details go to approvedgarages.co.uk.



DECORATED: Bespoke designs add style kudos to your wheels

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miles, FSH, PAS, C/locking, E/
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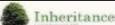
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22

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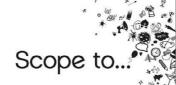
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Further information about the Institute can be found on our website. Application forms and further details are available electronically from our website (www.babraham.ac.uk), or by contacting our 24-hour Recruitment Line on 01223 496365, or e-mail: babraham.personnel@babraham.ac.uk On applying please quote reference HOO-SJ-P for the post of Housing & Operations Officer, and reference OOA-SJ-P for the post of Operations Office Administrator. Closing date for completed applications for both posts is 28th April 2014. NO AGENCIES PLEASE

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> Golf

Kerr and Sanders hit the heights at Drive-In

GARRY Kerr and Len Sanders were the winners of the Captains' Drive-In at Haverhill Golf Club.

The event was hosted by club captain Bob Spittle and his wife and ladies' captain Theresa, with the

format being fourball betterball off full handicap. Kerr and Sanders won with 49 points, one clear of Eileen Kiddy. Graham Hepworth and Michael Bennett were third with 47.

Simon Cousins and Russell Gritty made the best score on the front nine with 24, and Don Simpson and Michael Goldsmith triumphed on the back nine

Dave Ross, Andy Fish and Sheila Price were nearest the pin winners, and Peter Bowers was closest to guessing captain's drive distance.

The total raised on the day was £793, and the charity for 2014 was chosen as St Nicholas Hospice Care. A Charity Golf Day is being

organised for Saturday, June 14.
Wayne Smith triumphed in the Men's IFF Challenge Final, which was for the winners throughout the 2013/14 season. He scored 36 points, but it was his better back nine of 18 that saw him beat Mick Warren on countback. Michael Goldsmith was third on countback with 34.

Haverhill hosted the final meeting of the Suffolk Winter Alliance, with Stowmarket's Sam Forgan and Newton Green's Tim Cooper sharing the professional prize with 72, one clear of Haverhill head professional Paul Wilby.

He joined forces with Colin Bradnam to take the



Great day: Theresa Spittle, Captains' Drive-In winners Garry Kerr, Len Sanders and club captain Bob Spittle

fourball betterball stableford and Millennium **Cupwith 42 points, beating Forgan and Newtor** Green's Peter Webb on countback. Howard Foster and Roger Gardiner were third with 41.

Spittle carded a superb nett 65 to scoop the overall win in the men's midweek medal. His score also won Division One, with Gordon

Price second on 67 and Paul Bartlett third with 68. Neville Felton triumphed in Division Two with 67, four ahead of Ross Curl, who pipped Roger Hartley to second on countback. In Division Three, Mark Wells won with nett 68. Stuart Haworth wa second on countback from Craig Fleming after

In the ladies' midweek medal, Judy Farren was the overall winner with nett 74. Sally Price was second on countback from Pat Wellstead.

Lynn Fish took the Saturday Medal with 70, six ahead of Pauline Calmet. Jackie Condon was third

Motorsport

Double joy for Barker

BEN Barker continued his winning start to the 2014 season by dominating the opening round of the Porsche Carrera Cup GB at Brands Hatch.

The Hundon-based driver was making a guest appearance in the championship and debuted the 991 GT3 Cup model in fine style, winning both races by comfortable margins.

In doing so, he seized the chance to warm up for his Porsche Mobil Supercup campaign and boosted confidence that was already high after a class win at February's Bathurst 12

Representing Parr Motorsport, Barker qualified second for race one, lining up alongside Michael Meadows.

Barker made a perfect start and took the lead going into Paddock Hill Bend. He made the most of his car's performance to maintain a lead of around two seconds throughout the 34-lap race.

He started the second race on the front row and again got the better of Meadows at Paddock Hill Bend.

He built up his lead and won by a comfortable margin. "This was almost the perfect race

weekend." added Barker

"Only taking pole position as well as the two wins could have been better.

> Football

Bradley and Weaver inspire Borough win

HAVERHILL Borough cruised to a 5-1 win at home to March Town United in the Thurlow Nunn League, First Division on Wednesday night.

Ben Bradley scored twice in the first 10 minutes to give Borough a 2-0 lead but the visitors reduced the deficit midway through the half with a superb strike from 40 yards. Ryan Weaver restored the hosts'

two-goal lead when he scored in the 43rd minute after a mistake by the March keeper. And Lee Salmon's goal in first-half stoppage time made it 4-1 at the interval.

A second goal from Weaver on the hour mark completed a comfortable

Last Saturday, Borough were comfortable 3-0 winners at Downham.
They took the lead after 13 minutes

through Luke Strutton and the same player scored again 10 minutes later. Further chances fell to Weaver and

Gavin Taylor but it remained 2-0 at Then in the 47th minute, Aaron

Forshaw whipped in a dangerous cross which Downham's Nathan Cross could only deflect into his own

In the Premier Division, Haverhill Rovers were punished for not taking their chances in the first half as they lost 3-0 at home to Diss last Saturday. Andrew Ofosu, Marcus Hunt and

Dan Cornwell all spurned fantastic opportunities to open the scoring, with the latter two having shots

cleared off the line.

The visitors went in front after 10 minutes and then netted again 15 minutes later

Haverhill never really looked like finding the back of the net after that and a third goal 20 minutes from time sealed their fate.

"It was very frustrating," said Rovers boss Dean Greygoose.

"In the last few weeks we've been excellent but we didn't play anything like we have done. Diss deserved to win it and wanted it more and they took their chances. That's football.'



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> Youth football

Aztecs clinch cup triumph

CALLUM Haynes hit two goals to help Aztecs Juniors under-15s lift the Josh Bysouth Remembrance Cup with a 3-2

win over Spartak 78 under-15s.

The match was held in memory of former Spartak player Josh who was killed in a car crash in 2011 along with his grandfather, Michael Kidd.

Spartak took the lead thanks to a Charlie Cotier effort, but Haynes' double put Aztecs on top.

Luke Wood extended the lead and

Aiden Byrne pulled one back for Spartak late on.
The trophy remains on display in the Herbert's Farm pavilion, carrying Aztecs colours of green and black until

it is contested again next season Ethan Murphy got both in West Wratting's 2-2 draw with Royston Town in Cambridge & District Colts

Harrison Butt got Aztecs White's goal in their 1-1 draw with Milton in Cambridgeshire Mini Soccer League 10C

Jack Lisher hit a brace as West Wratting lost 6-2 to Isleham United White in BM Kempton 9v9 Youth League 12A



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